US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:10	3.3	5:53	4.4	11:08	0.2			5:45	8:27	
2	Sat	6:06	3.1	6:43	4.5	12:18	0.5	11:58 AM	0.2	5:46	8:27	
3	Sun	6:56	3.1	7:29	4.6	1:15	0.5	12:47	0.2	5:46	8:27	
4	Mon	7:42	3.1	8:13	4.6	2:04	0.4	1:34	0.2	5:47	8:27	
5	Tue	8:26	3.1	8:56	4.7	2:46	0.4	2:18	0.2	5:47	8:27	
6	Wed	9:09	3.2	9:38	4.7	3:24	0.4	2:59	0.2	5:48	8:26	
7	Thu	9:51	3.3	10:19	4.7	4:01	0.4	3:40	0.2	5:49	8:26	
8	Fri	10:33	3.4	10:59	4.6	4:37	0.5	4:21	0.3	5:49	8:26	
9	Sat	11:14	3.4	11:38	4.5	5:14	0.5	5:02	0.4	5:50	8:26	
10	Sun	11:56	3.5			5:52	0.6	5:45	0.6	5:50	8:25	
11	Mon	12:17	4.3	12:38	3.5	6:30	0.7	6:30	0.7	5:51	8:25	
12	Tue	12:56	4.1	1:21	3.6	7:09	0.7	7:19	0.9	5:52	8:24	
13	Wed	1:37	3.9	2:08	3.8	7:50	0.7	8:12	1.0	5:52	8:24	
14	Thu	2:22	3.7	2:59	3.9	8:32	0.7	9:09	1.0	5:53	8:23	
15	Fri	3:13	3.5	3:55	4.2	9:19	0.6	10:09	1.0	5:54	8:23	
16	Sat	4:10	3.4	4:52	4.5	10:09	0.5	11:10	0.8	5:54	8:22	
17	Sun	5:09	3.4	5:50	4.8	11:04	0.3			5:55	8:22	
18	Mon	6:08	3.4	6:47	5.2	12:12	0.6	12:02	0.1	5:56	8:21	
19	Tue	7:05	3.6	7:42	5.4	1:12	0.3	1:00	-0.2	5:57	8:21	
20	Wed	8:00	3.7	8:37	5.6	2:08	0.0	1:57	-0.5	5:57	8:20	
21	Thu	8:56	3.9	9:31	5.7	3:01	-0.2	2:52	-0.7	5:58	8:19	
22	Fri	9:51	4.1	10:24	5.7	3:52	-0.4	3:47	-0.8	5:59	8:19	
23	Sat	10:45	4.2	11:15	5.4	4:41	-0.5	4:42	-0.7	6:00	8:18	
24	Sun	11:38	4.3			5:31	-0.5	5:38	-0.5	6:00	8:17	
25	Mon	12:05	5.1	12:32	4.4	6:20	-0.4	6:37	-0.2	6:01	8:16	
26	Tue	12:55	4.6	1:27	4.4	7:09	-0.2	7:38	0.1	6:02	8:16	
27	Wed	1:46	4.1	2:24	4.3	7:59	0.0	8:41	0.4	6:03	8:15	
28	Thu	2:40	3.6	3:24	4.3	8:50	0.2	9:46	0.7	6:04	8:14	
29	Fri	3:38	3.3	4:26	4.3	9:42	0.4	10:53	0.8	6:05	8:13	
30	Sat	4:40	3.0	5:27	4.3	10:36	0.5			6:05	8:12	
31	Sun	5:40	2.9	6:22	4.3	12:00	0.9	11:30 AM	0.6	6:06	8:11	