

































Great Machipongo Inlet, VA - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:24	4.7	6:37	3.1			12:53	-0.2	7:17	4:55	
2	Tue	7:16	4.8	7:29	3.1	12:35	-0.6	1:44	-0.2	7:17	4:56	
3	Wed	8:06	4.8	8:18	3.2	1:26	-0.7	2:31	-0.3	7:17	4:57	
4	Thu	8:53	4.7	9:05	3.2	2:14	-0.7	3:15	-0.3	7:17	4:58	
5	Fri	9:38	4.6	9:50	3.2	3:00	-0.6	3:57	-0.2	7:17	4:58	
6	Sat	10:20	4.4	10:34	3.2	3:45	-0.5	4:38	-0.1	7:17	4:59	
7	Sun	11:01	4.2	11:18	3.2	4:30	-0.3	5:18	0.1	7:17	5:00	
8	Mon	11:42	3.9			5:16	0.0	5:58	0.2	7:17	5:01	
9	Tue	12:03	3.2	12:23	3.6	6:04	0.3	6:38	0.3	7:17	5:02	
10	Wed	12:50	3.3	1:07	3.2	6:55	0.5	7:19	0.4	7:17	5:03	
11	Thu	1:40	3.3	1:55	3.0	7:49	0.7	8:02	0.5	7:17	5:04	
12	Fri	2:34	3.4	2:48	2.8	8:45	0.8	8:48	0.5	7:16	5:05	
13	Sat	3:30	3.5	3:44	2.7	9:43	0.9	9:38	0.5	7:16	5:06	
14	Sun	4:26	3.7	4:39	2.8	10:41	0.8	10:30	0.3	7:16	5:07	
15	Mon	5:18	4.0	5:30	2.9	11:37	0.6	11:23	0.1	7:16	5:08	
16	Tue	6:08	4.3	6:20	3.0			12:29	0.4	7:15	5:09	
17	Wed	6:57	4.6	7:08	3.2	12:14	-0.2	1:17	0.1	7:15	5:10	
18	Thu	7:44	4.8	7:56	3.4	1:03	-0.5	2:02	-0.1	7:14	5:11	
19	Fri	8:31	5.0	8:44	3.6	1:51	-0.7	2:46	-0.3	7:14	5:12	
20	Sat	9:16	5.1	9:32	3.8	2:39	-0.9	3:30	-0.5	7:14	5:13	
21	Sun	10:02	5.0	10:21	3.9	3:28	-0.9	4:14	-0.6	7:13	5:14	
22	Mon	10:48	4.7	11:11	4.1	4:20	-0.8	5:00	-0.6	7:13	5:15	
23	Tue	11:35	4.4			5:14	-0.6	5:47	-0.6	7:12	5:16	
24	Wed	12:03	4.1	12:24	3.9	6:13	-0.4	6:37	-0.5	7:11	5:17	
25	Thu	12:59	4.1	1:17	3.5	7:15	-0.1	7:29	-0.4	7:11	5:19	
26	Fri	2:00	4.1	2:17	3.1	8:20	0.1	8:25	-0.3	7:10	5:20	
27	Sat	3:06	4.1	3:22	2.8	9:29	0.2	9:24	-0.2	7:09	5:21	
28	Sun	4:14	4.1	4:29	2.7	10:41	0.2	10:26	-0.3	7:09	5:22	
29	Mon	5:18	4.2	5:31	2.8	11:48	0.2	11:28	-0.3	7:08	5:23	
30	Tue	6:16	4.3	6:26	2.9			12:46	0.0	7:07	5:24	
31	Wed	7:08	4.4	7:16	3.0	12:24	-0.5	1:34	-0.1	7:06	5:25	