US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:24**	4.7	**6:37**	3.1			**12:53**	-0.2	7:17	4:55	
2	Tue	**7:16**	4.8	**7:29**	3.1	**12:35**	-0.6	**1:44**	-0.2	7:17	4:56	
3	Wed	**8:06**	4.8	**8:18**	3.2	**1:26**	-0.7	**2:31**	-0.3	7:17	4:57	
4	Thu	**8:53**	4.7	**9:05**	3.2	**2:14**	-0.7	**3:15**	-0.3	7:17	4:58	
5	Fri	**9:38**	4.6	**9:50**	3.2	**3:00**	-0.6	**3:57**	-0.2	7:17	4:58	
6	Sat	**10:20**	4.4	**10:34**	3.2	**3:45**	-0.5	**4:38**	-0.1	7:17	4:59	
7	Sun	**11:01**	4.2	**11:18**	3.2	**4:30**	-0.3	**5:18**	0.1	7:17	5:00	
8	Mon	**11:42**	3.9			**5:16**	0.0	**5:58**	0.2	7:17	5:01	
9	Tue	**12:03**	3.2	**12:23**	3.6	**6:04**	0.3	**6:38**	0.3	7:17	5:02	
10	Wed	**12:50**	3.3	**1:07**	3.2	**6:55**	0.5	**7:19**	0.4	7:17	5:03	
11	Thu	**1:40**	3.3	**1:55**	3.0	**7:49**	0.7	**8:02**	0.5	7:17	5:04	
12	Fri	**2:34**	3.4	**2:48**	2.8	**8:45**	0.8	**8:48**	0.5	7:16	5:05	
13	Sat	**3:30**	3.5	**3:44**	2.7	**9:43**	0.9	**9:38**	0.5	7:16	5:06	
14	Sun	**4:26**	3.7	**4:39**	2.8	**10:41**	0.8	**10:30**	0.3	7:16	5:07	
15	Mon	**5:18**	4.0	**5:30**	2.9	**11:37**	0.6	**11:23**	0.1	7:16	5:08	
16	Tue	**6:08**	4.3	**6:20**	3.0			**12:29**	0.4	7:15	5:09	
17	Wed	**6:57**	4.6	**7:08**	3.2	**12:14**	-0.2	**1:17**	0.1	7:15	5:10	
18	Thu	**7:44**	4.8	**7:56**	3.4	**1:03**	-0.5	**2:02**	-0.1	7:14	5:11	
19	Fri	**8:31**	5.0	**8:44**	3.6	**1:51**	-0.7	**2:46**	-0.3	7:14	5:12	
20	Sat	**9:16**	5.1	**9:32**	3.8	**2:39**	-0.9	**3:30**	-0.5	7:14	5:13	
21	Sun	**10:02**	5.0	**10:21**	3.9	**3:28**	-0.9	**4:14**	-0.6	7:13	5:14	
22	Mon	**10:48**	4.7	**11:11**	4.1	**4:20**	-0.8	**5:00**	-0.6	7:13	5:15	
23	Tue	**11:35**	4.4			**5:14**	-0.6	**5:47**	-0.6	7:12	5:16	
24	Wed	**12:03**	4.1	**12:24**	3.9	**6:13**	-0.4	**6:37**	-0.5	7:11	5:17	
25	Thu	**12:59**	4.1	**1:17**	3.5	**7:15**	-0.1	**7:29**	-0.4	7:11	5:19	
26	Fri	**2:00**	4.1	**2:17**	3.1	**8:20**	0.1	**8:25**	-0.3	7:10	5:20	
27	Sat	**3:06**	4.1	**3:22**	2.8	**9:29**	0.2	**9:24**	-0.2	7:09	5:21	
28	Sun	**4:14**	4.1	**4:29**	2.7	**10:41**	0.2	**10:26**	-0.3	7:09	5:22	
29	Mon	**5:18**	4.2	**5:31**	2.8	**11:48**	0.2	**11:28**	-0.3	7:08	5:23	
30	Tue	**6:16**	4.3	**6:26**	2.9			**12:46**	0.0	7:07	5:24	
31	Wed	**7:08**	4.4	**7:16**	3.0	**12:24**	-0.5	**1:34**	-0.1	7:06	5:25	