US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:54**	4.1	**7:00**	3.2	**12:14**	-0.2	**1:13**	0.1	6:34	5:56	
2	Fri	**7:35**	4.2	**7:41**	3.4	**1:02**	-0.3	**1:48**	0.0	6:32	5:57	
3	Sat	**8:12**	4.2	**8:20**	3.7	**1:45**	-0.4	**2:20**	0.0	6:31	5:58	
4	Sun	**8:47**	4.1	**8:58**	3.8	**2:24**	-0.4	**2:51**	-0.1	6:29	5:59	
5	Mon	**9:23**	4.0	**9:36**	4.0	**3:02**	-0.4	**3:22**	0.0	6:28	6:00	
6	Tue	**9:58**	3.8	**10:13**	4.0	**3:40**	-0.2	**3:54**	0.1	6:27	6:01	
7	Wed	**10:34**	3.6	**10:51**	4.0	**4:19**	0.0	**4:28**	0.2	6:25	6:02	
8	Thu	**11:11**	3.4	**11:31**	3.9	**5:00**	0.2	**5:03**	0.4	6:24	6:03	
9	Fri	**11:49**	3.2			**5:44**	0.5	**5:43**	0.5	6:22	6:04	
10	Sat	**12:14**	3.9	**12:31**	3.0	**6:32**	0.7	**6:28**	0.6	6:21	6:05	
11	Sun	**1:03**	3.8	**2:20**	2.8	**8:25**	0.9	**8:20**	0.7	7:19	7:05	
12	Mon	**3:01**	3.7	**3:19**	2.8	**9:24**	1.0	**9:19**	0.7	7:18	7:06	
13	Tue	**4:06**	3.8	**4:25**	2.8	**10:26**	1.0	**10:21**	0.5	7:16	7:07	
14	Wed	**5:10**	4.0	**5:28**	3.1	**11:27**	0.8	**11:24**	0.2	7:15	7:08	
15	Thu	**6:09**	4.3	**6:26**	3.4			**12:24**	0.5	7:13	7:09	
16	Fri	**7:02**	4.6	**7:19**	3.9	**12:25**	-0.2	**1:15**	0.1	7:12	7:10	
17	Sat	**7:52**	4.8	**8:10**	4.4	**1:22**	-0.6	**2:02**	-0.3	7:10	7:11	
18	Sun	**8:41**	4.9	**9:00**	4.8	**2:17**	-0.9	**2:47**	-0.7	7:09	7:12	
19	Mon	**9:29**	4.8	**9:49**	5.1	**3:09**	-1.1	**3:31**	-0.9	7:07	7:13	
20	Tue	**10:16**	4.6	**10:39**	5.2	**4:00**	-1.1	**4:16**	-0.9	7:06	7:14	
21	Wed	**11:04**	4.3	**11:29**	5.2	**4:53**	-1.0	**5:02**	-0.8	7:04	7:15	
22	Thu	**11:53**	4.0			**5:47**	-0.8	**5:50**	-0.6	7:03	7:16	
23	Fri	**12:21**	5.0	**12:44**	3.6	**6:44**	-0.4	**6:43**	-0.4	7:01	7:17	
24	Sat	**1:16**	4.7	**1:38**	3.2	**7:45**	0.0	**7:41**	-0.1	7:00	7:17	
25	Sun	**2:16**	4.4	**2:39**	2.9	**8:50**	0.3	**8:43**	0.2	6:58	7:18	
26	Mon	**3:25**	4.1	**3:50**	2.8	**9:59**	0.6	**9:50**	0.3	6:57	7:19	
27	Tue	**4:41**	3.9	**5:04**	2.9	**11:10**	0.6	**10:59**	0.4	6:55	7:20	
28	Wed	**5:50**	3.9	**6:07**	3.0			**12:12**	0.6	6:54	7:21	
29	Thu	**6:44**	3.9	**6:56**	3.3	**12:03**	0.3	**1:00**	0.5	6:52	7:22	
30	Fri	**7:27**	3.9	**7:37**	3.6	**12:58**	0.2	**1:38**	0.4	6:51	7:23	
31	Sat	**8:04**	3.9	**8:15**	3.9	**1:45**	0.0	**2:10**	0.3	6:49	7:24	