

































## Great Machipongo Inlet, VA - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:54	4.1	7:00	3.2	12:14	-0.2	1:13	0.1	6:34	5:56	
2	Fri	7:35	4.2	7:41	3.4	1:02	-0.3	1:48	0.0	6:32	5:57	
3	Sat	8:12	4.2	8:20	3.7	1:45	-0.4	2:20	0.0	6:31	5:58	
4	Sun	8:47	4.1	8:58	3.8	2:24	-0.4	2:51	-0.1	6:29	5:59	
5	Mon	9:23	4.0	9:36	4.0	3:02	-0.4	3:22	0.0	6:28	6:00	
6	Tue	9:58	3.8	10:13	4.0	3:40	-0.2	3:54	0.1	6:27	6:01	
7	Wed	10:34	3.6	10:51	4.0	4:19	0.0	4:28	0.2	6:25	6:02	
8	Thu	11:11	3.4	11:31	3.9	5:00	0.2	5:03	0.4	6:24	6:03	
9	Fri	11:49	3.2			5:44	0.5	5:43	0.5	6:22	6:04	
10	Sat	12:14	3.9	12:31	3.0	6:32	0.7	6:28	0.6	6:21	6:05	
11	Sun	1:03	3.8	2:20	2.8	8:25	0.9	8:20	0.7	7:19	7:05	
12	Mon	3:01	3.7	3:19	2.8	9:24	1.0	9:19	0.7	7:18	7:06	
13	Tue	4:06	3.8	4:25	2.8	10:26	1.0	10:21	0.5	7:16	7:07	
14	Wed	5:10	4.0	5:28	3.1	11:27	0.8	11:24	0.2	7:15	7:08	
15	Thu	6:09	4.3	6:26	3.4			12:24	0.5	7:13	7:09	
16	Fri	7:02	4.6	7:19	3.9	12:25	-0.2	1:15	0.1	7:12	7:10	
17	Sat	7:52	4.8	8:10	4.4	1:22	-0.6	2:02	-0.3	7:10	7:11	
18	Sun	8:41	4.9	9:00	4.8	2:17	-0.9	2:47	-0.7	7:09	7:12	
19	Mon	9:29	4.8	9:49	5.1	3:09	-1.1	3:31	-0.9	7:07	7:13	
20	Tue	10:16	4.6	10:39	5.2	4:00	-1.1	4:16	-0.9	7:06	7:14	
21	Wed	11:04	4.3	11:29	5.2	4:53	-1.0	5:02	-0.8	7:04	7:15	
22	Thu	11:53	4.0			5:47	-0.8	5:50	-0.6	7:03	7:16	
23	Fri	12:21	5.0	12:44	3.6	6:44	-0.4	6:43	-0.4	7:01	7:17	
24	Sat	1:16	4.7	1:38	3.2	7:45	0.0	7:41	-0.1	7:00	7:17	
25	Sun	2:16	4.4	2:39	2.9	8:50	0.3	8:43	0.2	6:58	7:18	
26	Mon	3:25	4.1	3:50	2.8	9:59	0.6	9:50	0.3	6:57	7:19	
27	Tue	4:41	3.9	5:04	2.9	11:10	0.6	10:59	0.4	6:55	7:20	
28	Wed	5:50	3.9	6:07	3.0			12:12	0.6	6:54	7:21	
29	Thu	6:44	3.9	6:56	3.3	12:03	0.3	1:00	0.5	6:52	7:22	
30	Fri	7:27	3.9	7:37	3.6	12:58	0.2	1:38	0.4	6:51	7:23	
31	Sat	8:04	3.9	8:15	3.9	1:45	0.0	2:10	0.3	6:49	7:24	