US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:45	3.4	2:57	2.9	8:58	0.7	9:02	0.4	7:17	4:55	
2	Wed	3:41	3.5	3:52	2.8	9:57	0.8	9:49	0.4	7:17	4:56	
3	Thu	4:35	3.7	4:44	2.7	10:55	0.8	10:38	0.3	7:17	4:57	
4	Fri	5:24	3.9	5:33	2.8	11:48	0.7	11:26	0.2	7:17	4:57	
5	Sat	6:10	4.1	6:19	2.9			12:34	0.5	7:17	4:58	
6	Sun	6:55	4.3	7:04	3.0	12:12	0.1	1:16	0.4	7:17	4:59	
7	Mon	7:38	4.4	7:47	3.1	12:57	-0.1	1:56	0.3	7:17	5:00	
8	Tue	8:20	4.6	8:30	3.3	1:39	-0.2	2:35	0.1	7:17	5:01	
9	Wed	9:01	4.7	9:13	3.4	2:21	-0.3	3:14	0.0	7:17	5:02	
10	Thu	9:41	4.7	9:56	3.5	3:04	-0.4	3:53	0.0	7:17	5:03	
11	Fri	10:22	4.6	10:39	3.6	3:47	-0.3	4:34	-0.1	7:17	5:04	
12	Sat	11:03	4.4	11:25	3.7	4:34	-0.3	5:16	-0.1	7:16	5:05	
13	Sun	11:46	4.2			5:25	-0.1	6:00	-0.2	7:16	5:06	
14	Mon	12:14	3.8	12:33	3.8	6:22	0.0	6:48	-0.2	7:16	5:07	
15	Tue	1:08	3.9	1:26	3.5	7:22	0.1	7:39	-0.2	7:16	5:08	
16	Wed	2:08	4.1	2:26	3.2	8:27	0.2	8:34	-0.2	7:15	5:09	
17	Thu	3:13	4.2	3:31	3.0	9:34	0.2	9:33	-0.3	7:15	5:10	
18	Fri	4:19	4.4	4:36	3.0	10:43	0.1	10:35	-0.5	7:15	5:11	
19	Sat	5:22	4.6	5:38	3.0	11:49	-0.1	11:37	-0.7	7:14	5:12	
20	Sun	6:22	4.8	6:36	3.2			12:49	-0.3	7:14	5:13	
21	Mon	7:17	4.9	7:30	3.3	12:36	-0.9	1:41	-0.5	7:13	5:14	
22	Tue	8:09	4.9	8:22	3.5	1:30	-1.0	2:29	-0.6	7:13	5:15	
23	Wed	8:57	4.8	9:11	3.6	2:21	-1.1	3:13	-0.6	7:12	5:16	
24	Thu	9:43	4.7	9:58	3.7	3:10	-1.0	3:56	-0.6	7:12	5:17	
25	Fri	10:25	4.4	10:43	3.7	3:58	-0.8	4:37	-0.5	7:11	5:18	
26	Sat	11:07	4.0	11:28	3.6	4:45	-0.5	5:17	-0.3	7:10	5:19	
27	Sun	11:48	3.7			5:34	-0.2	5:58	-0.1	7:10	5:20	
28	Mon	12:13	3.6	12:30	3.3	6:24	0.2	6:40	0.1	7:09	5:22	
29	Tue	1:01	3.5	1:16	3.0	7:16	0.5	7:23	0.3	7:08	5:23	
30	Wed	1:53	3.4	2:06	2.7	8:11	0.7	8:11	0.4	7:07	5:24	
31	Thu	2:50	3.4	3:03	2.6	9:09	0.9	9:02	0.5	7:07	5:25	