US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:06	3.5	3:21	2.6	9:24	1.1	9:17	0.6	6:33	5:57	
2	Sun	4:09	3.6	4:21	2.8	10:24	1.0	10:15	0.5	6:31	5:58	
3	Mon	5:05	3.9	5:16	3.0	11:19	0.8	11:12	0.2	6:30	5:59	
4	Tue	5:55	4.1	6:06	3.3			12:07	0.5	6:28	6:00	
5	Wed	6:40	4.4	6:53	3.7	12:04	-0.1	12:50	0.2	6:27	6:00	
6	Thu	7:24	4.6	7:38	4.1	12:54	-0.4	1:31	-0.1	6:26	6:01	
7	Fri	8:07	4.7	8:23	4.4	1:41	-0.6	2:11	-0.4	6:24	6:02	
8	Sat	8:50	4.6	9:08	4.7	2:28	-0.8	2:51	-0.6	6:23	6:03	
9	Sun	10:34	4.5	10:54	4.9	4:16	-0.8	4:33	-0.6	7:21	7:04	
10	Mon	11:18	4.2	11:42	4.9	5:05	-0.7	5:16	-0.6	7:20	7:05	
11	Tue			12:05	3.9	5:58	-0.5	6:04	-0.5	7:18	7:06	
12	Wed	12:33	4.8	12:55	3.6	6:54	-0.2	6:56	-0.3	7:17	7:07	
13	Thu	1:28	4.6	1:50	3.2	7:55	0.1	7:54	-0.1	7:15	7:08	
14	Fri	2:30	4.4	2:53	3.0	9:01	0.3	8:58	0.0	7:14	7:09	
15	Sat	3:41	4.2	4:05	2.9	10:11	0.4	10:06	0.1	7:12	7:10	
16	Sun	4:55	4.1	5:18	3.0	11:21	0.4	11:15	0.0	7:11	7:11	
17	Mon	6:03	4.2	6:22	3.2			12:24	0.3	7:09	7:12	
18	Tue	7:00	4.2	7:15	3.5	12:21	-0.1	1:16	0.1	7:08	7:13	
19	Wed	7:48	4.2	8:02	3.8	1:19	-0.3	1:59	-0.1	7:06	7:14	
20	Thu	8:30	4.2	8:44	4.0	2:09	-0.4	2:37	-0.2	7:05	7:15	
21	Fri	9:10	4.1	9:24	4.2	2:53	-0.5	3:12	-0.2	7:03	7:15	
22	Sat	9:48	4.0	10:03	4.4	3:35	-0.5	3:46	-0.2	7:02	7:16	
23	Sun	10:25	3.8	10:41	4.4	4:15	-0.4	4:20	-0.1	7:00	7:17	
24	Mon	11:03	3.6	11:20	4.3	4:54	-0.2	4:55	0.1	6:59	7:18	
25	Tue	11:41	3.4			5:34	0.1	5:31	0.3	6:57	7:19	
26	Wed	12:01	4.2	12:20	3.2	6:17	0.4	6:11	0.5	6:56	7:20	
27	Thu	12:43	4.0	1:02	3.0	7:02	0.7	6:55	0.7	6:54	7:21	
28	Fri	1:30	3.9	1:48	2.9	7:52	0.9	7:45	0.8	6:53	7:22	
29	Sat	2:23	3.7	2:42	2.8	8:46	1.1	8:41	0.9	6:51	7:23	
30	Sun	3:23	3.7	3:43	2.8	9:43	1.2	9:40	0.8	6:50	7:24	
31	Mon	4:25	3.8	4:45	3.0	10:40	1.1	10:40	0.7	6:48	7:24	