US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:56	4.0	9:30	5.4	3:01	-0.2	2:55	-0.7	6:07	8:10	
2	Sat	9:48	4.1	10:18	5.2	3:47	-0.3	3:47	-0.6	6:08	8:09	
3	Sun	10:37	4.3	11:03	4.9	4:31	-0.3	4:37	-0.5	6:09	8:08	
4	Mon	11:25	4.3	11:47	4.6	5:14	-0.2	5:27	-0.2	6:10	8:07	
5	Tue			12:11	4.3	5:56	-0.1	6:18	0.2	6:11	8:06	
6	Wed	12:30	4.1	12:58	4.2	6:38	0.2	7:11	0.5	6:11	8:05	
7	Thu	1:13	3.7	1:45	4.1	7:21	0.4	8:05	0.8	6:12	8:04	
8	Fri	1:59	3.4	2:37	4.0	8:06	0.7	9:01	1.1	6:13	8:03	
9	Sat	2:50	3.1	3:34	4.0	8:54	0.8	10:00	1.3	6:14	8:02	
10	Sun	3:47	2.9	4:34	4.0	9:45	0.9	11:01	1.3	6:15	8:00	
11	Mon	4:47	2.9	5:33	4.1	10:39	1.0			6:16	7:59	
12	Tue	5:44	3.0	6:26	4.3	12:00	1.3	11:34 AM	0.9	6:16	7:58	
13	Wed	6:35	3.2	7:12	4.5	12:51	1.2	12:27	0.7	6:17	7:57	
14	Thu	7:22	3.4	7:55	4.7	1:34	1.0	1:16	0.5	6:18	7:56	
15	Fri	8:06	3.7	8:36	4.9	2:12	0.8	2:01	0.3	6:19	7:54	
16	Sat	8:49	3.9	9:16	5.0	2:49	0.6	2:44	0.2	6:20	7:53	
17	Sun	9:32	4.2	9:56	5.0	3:25	0.4	3:27	0.1	6:21	7:52	
18	Mon	10:14	4.4	10:35	4.9	4:02	0.2	4:11	0.1	6:22	7:51	
19	Tue	10:56	4.6	11:16	4.7	4:39	0.1	4:57	0.1	6:22	7:49	
20	Wed	11:40	4.8	11:58	4.4	5:19	0.1	5:46	0.2	6:23	7:48	
21	Thu			12:26	4.9	6:01	0.2	6:39	0.4	6:24	7:47	
22	Fri	12:43	4.1	1:17	4.9	6:48	0.2	7:37	0.6	6:25	7:45	
23	Sat	1:33	3.8	2:14	4.8	7:40	0.3	8:41	0.8	6:26	7:44	
24	Sun	2:31	3.5	3:19	4.8	8:38	0.4	9:47	0.9	6:27	7:42	
25	Mon	3:38	3.3	4:29	4.8	9:41	0.4	10:56	0.8	6:27	7:41	
26	Tue	4:48	3.3	5:37	4.9	10:47	0.3			6:28	7:40	
27	Wed	5:56	3.5	6:39	5.0	12:03	0.7	11:53 AM	0.1	6:29	7:38	
28	Thu	6:56	3.7	7:34	5.1	1:03	0.4	12:55	-0.1	6:30	7:37	
29	Fri	7:50	4.0	8:23	5.1	1:54	0.2	1:52	-0.3	6:31	7:35	
30	Sat	8:40	4.3	9:09	5.1	2:39	0.0	2:43	-0.4	6:32	7:34	
31	Sun	9:27	4.5	9:52	4.9	3:20	-0.1	3:31	-0.3	6:32	7:33	