US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:30	4.1	11:51	3.4	5:01	0.2	5:42	0.3	7:17	4:56	
2	Fri			12:10	3.9	5:49	0.3	6:25	0.3	7:17	4:56	
3	Sat	12:38	3.5	12:55	3.6	6:43	0.5	7:10	0.2	7:17	4:57	
4	Sun	1:31	3.7	1:47	3.4	7:42	0.5	7:59	0.1	7:17	4:58	
5	Mon	2:29	3.9	2:46	3.2	8:44	0.5	8:53	0.0	7:17	4:59	
6	Tue	3:32	4.2	3:49	3.2	9:49	0.4	9:50	-0.2	7:17	5:00	
7	Wed	4:34	4.5	4:51	3.2	10:54	0.2	10:50	-0.5	7:17	5:01	
8	Thu	5:34	4.8	5:50	3.3	11:57	-0.1	11:50	-0.8	7:17	5:02	
9	Fri	6:31	5.1	6:48	3.5			12:56	-0.4	7:17	5:03	
10	Sat	7:27	5.3	7:43	3.6	12:48	-1.1	1:50	-0.7	7:17	5:03	
11	Sun	8:21	5.4	8:38	3.8	1:43	-1.3	2:40	-0.8	7:16	5:04	
12	Mon	9:13	5.3	9:31	3.9	2:37	-1.4	3:29	-0.9	7:16	5:05	
13	Tue	10:03	5.0	10:23	3.9	3:30	-1.3	4:17	-0.9	7:16	5:06	
14	Wed	10:51	4.7	11:14	3.9	4:23	-1.0	5:05	-0.8	7:16	5:07	
15	Thu	11:38	4.2			5:18	-0.7	5:53	-0.6	7:15	5:08	
16	Fri	12:06	3.9	12:26	3.8	6:15	-0.3	6:40	-0.4	7:15	5:09	
17	Sat	12:59	3.7	1:15	3.3	7:13	0.0	7:29	-0.1	7:15	5:11	
18	Sun	1:55	3.6	2:08	2.9	8:14	0.4	8:18	0.1	7:14	5:12	
19	Mon	2:55	3.6	3:06	2.7	9:17	0.6	9:10	0.2	7:14	5:13	
20	Tue	3:56	3.6	4:05	2.6	10:21	0.7	10:03	0.2	7:13	5:14	
21	Wed	4:54	3.6	5:00	2.6	11:23	0.7	10:56	0.2	7:13	5:15	
22	Thu	5:45	3.8	5:49	2.7			12:14	0.6	7:12	5:16	
23	Fri	6:31	3.9	6:35	2.9			12:56	0.5	7:12	5:17	
24	Sat	7:13	4.1	7:18	3.0	12:32	-0.1	1:33	0.3	7:11	5:18	
25	Sun	7:53	4.3	8:00	3.2	1:15	-0.2	2:08	0.2	7:10	5:19	
26	Mon	8:32	4.4	8:41	3.4	1:56	-0.3	2:42	0.1	7:10	5:20	
27	Tue	9:10	4.4	9:22	3.5	2:35	-0.4	3:17	0.0	7:09	5:21	
28	Wed	9:47	4.3	10:01	3.6	3:15	-0.3	3:52	0.0	7:08	5:22	
29	Thu	10:24	4.2	10:41	3.8	3:56	-0.2	4:28	-0.1	7:08	5:24	
30	Fri	11:01	4.0	11:23	3.9	4:40	-0.1	5:07	0.0	7:07	5:25	
31	Sat	11:41	3.8			5:28	0.0	5:48	0.0	7:06	5:26	