US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:18	3.7	11:45	4.4	5:10	-0.1	5:18	-0.1	6:33	5:56	
2	Mon			12:04	3.4	6:04	0.1	6:07	0.0	6:32	5:57	
3	Tue	12:38	4.4	12:57	3.2	7:03	0.3	7:03	0.0	6:30	5:58	
4	Wed	1:39	4.3	2:00	3.0	8:07	0.4	8:06	0.0	6:29	5:59	
5	Thu	2:48	4.2	3:10	3.0	9:14	0.4	9:13	-0.1	6:27	6:00	
6	Fri	3:59	4.3	4:20	3.1	10:22	0.3	10:21	-0.2	6:26	6:01	
7	Sat	5:05	4.4	5:24	3.4	11:25	0.1	11:26	-0.5	6:24	6:02	
8	Sun	7:04	4.6	7:21	3.8			1:20	-0.2	7:23	7:03	
9	Mon	7:56	4.6	8:14	4.1	1:26	-0.8	2:09	-0.5	7:22	7:04	
10	Tue	8:45	4.6	9:02	4.4	2:21	-1.0	2:53	-0.7	7:20	7:05	
11	Wed	9:31	4.5	9:49	4.5	3:11	-1.0	3:34	-0.7	7:19	7:06	
12	Thu	10:14	4.3	10:34	4.6	3:59	-1.0	4:15	-0.7	7:17	7:07	
13	Fri	10:57	4.0	11:17	4.5	4:45	-0.8	4:55	-0.5	7:16	7:08	
14	Sat	11:38	3.7			5:31	-0.5	5:35	-0.3	7:14	7:09	
15	Sun	12:01	4.4	12:20	3.4	6:18	-0.1	6:18	0.0	7:13	7:10	
16	Mon	12:45	4.2	1:04	3.1	7:07	0.3	7:03	0.3	7:11	7:11	
17	Tue	1:33	3.9	1:51	2.9	7:58	0.6	7:53	0.5	7:10	7:12	
18	Wed	2:27	3.7	2:44	2.7	8:54	0.9	8:48	0.7	7:08	7:12	
19	Thu	3:28	3.5	3:45	2.7	9:52	1.1	9:46	0.8	7:07	7:13	
20	Fri	4:32	3.5	4:48	2.8	10:50	1.1	10:45	0.7	7:05	7:14	
21	Sat	5:32	3.6	5:45	3.0	11:45	1.0	11:42	0.6	7:04	7:15	
22	Sun	6:22	3.8	6:35	3.3			12:31	0.8	7:02	7:16	
23	Mon	7:07	4.0	7:19	3.7	12:34	0.4	1:12	0.6	7:01	7:17	
24	Tue	7:48	4.1	8:02	4.1	1:22	0.1	1:51	0.3	6:59	7:18	
25	Wed	8:28	4.2	8:44	4.4	2:07	-0.1	2:28	0.1	6:58	7:19	
26	Thu	9:09	4.3	9:25	4.7	2:51	-0.3	3:06	-0.1	6:56	7:20	
27	Fri	9:50	4.2	10:08	4.9	3:35	-0.4	3:44	-0.2	6:55	7:21	
28	Sat	10:31	4.1	10:52	5.0	4:19	-0.4	4:24	-0.3	6:53	7:22	
29	Sun	11:15	3.9	11:38	5.0	5:06	-0.3	5:08	-0.2	6:52	7:22	
30	Mon			12:00	3.7	5:57	-0.2	5:55	-0.1	6:50	7:23	
31	Tue	12:28	4.9	12:50	3.5	6:52	0.1	6:49	0.0	6:49	7:24	