

































Great Machipongo Inlet, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:20	3.3	5:08	4.2	10:22	0.2	11:31	0.7	5:45	8:27	
2	Thu	5:18	3.1	6:02	4.3	11:14	0.3			5:46	8:27	
3	Fri	6:12	3.0	6:51	4.4	12:32	0.7	12:05	0.3	5:46	8:27	
4	Sat	7:01	3.0	7:35	4.5	1:25	0.6	12:53	0.3	5:47	8:27	
5	Sun	7:46	3.1	8:18	4.6	2:09	0.6	1:39	0.3	5:47	8:27	
6	Mon	8:29	3.2	9:00	4.6	2:47	0.5	2:22	0.2	5:48	8:26	
7	Tue	9:11	3.3	9:40	4.7	3:23	0.5	3:03	0.2	5:49	8:26	
8	Wed	9:53	3.4	10:20	4.7	3:59	0.5	3:43	0.2	5:49	8:26	
9	Thu	10:35	3.5	10:58	4.6	4:34	0.5	4:23	0.3	5:50	8:25	
10	Fri	11:16	3.6	11:36	4.5	5:10	0.5	5:04	0.4	5:50	8:25	
11	Sat	11:56	3.7			5:46	0.5	5:47	0.6	5:51	8:25	
12	Sun	12:14	4.3	12:37	3.8	6:24	0.5	6:33	0.7	5:52	8:24	
13	Mon	12:52	4.1	1:21	3.9	7:03	0.6	7:24	0.8	5:52	8:24	
14	Tue	1:34	3.9	2:09	4.0	7:45	0.6	8:19	0.9	5:53	8:23	
15	Wed	2:21	3.6	3:02	4.2	8:31	0.5	9:17	0.9	5:54	8:23	
16	Thu	3:16	3.5	4:01	4.4	9:22	0.5	10:19	0.9	5:54	8:22	
17	Fri	4:17	3.4	5:03	4.7	10:17	0.3	11:23	0.7	5:55	8:22	
18	Sat	5:19	3.4	6:03	5.0	11:16	0.1			5:56	8:21	
19	Sun	6:20	3.5	7:01	5.3	12:26	0.4	12:17	-0.2	5:57	8:21	
20	Mon	7:18	3.7	7:57	5.6	1:26	0.2	1:17	-0.5	5:57	8:20	
21	Tue	8:15	3.9	8:52	5.7	2:21	-0.1	2:14	-0.7	5:58	8:19	
22	Wed	9:11	4.2	9:45	5.7	3:12	-0.4	3:10	-0.9	5:59	8:19	
23	Thu	10:05	4.3	10:36	5.5	4:02	-0.5	4:04	-0.9	6:00	8:18	
24	Fri	10:58	4.5	11:25	5.2	4:50	-0.6	4:58	-0.7	6:01	8:17	
25	Sat	11:51	4.5			5:37	-0.5	5:54	-0.4	6:01	8:16	
26	Sun	12:13	4.8	12:43	4.5	6:25	-0.4	6:52	-0.1	6:02	8:16	
27	Mon	1:02	4.3	1:36	4.4	7:14	-0.2	7:52	0.3	6:03	8:15	
28	Tue	1:52	3.8	2:32	4.3	8:03	0.1	8:54	0.6	6:04	8:14	
29	Wed	2:46	3.4	3:32	4.2	8:54	0.3	9:58	0.8	6:05	8:13	
30	Thu	3:44	3.1	4:34	4.1	9:47	0.5	11:04	1.0	6:05	8:12	
31	Fri	4:45	2.9	5:34	4.2	10:41	0.6			6:06	8:11	