

































## Great Machipongo Inlet, VA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:44	2.9	6:28	4.2	12:08	1.0	11:36 AM	0.6	6:07	8:10	
2	Sun	6:35	3.0	7:14	4.4	1:02	1.0	12:29	0.6	6:08	8:09	
3	Mon	7:21	3.2	7:57	4.5	1:45	0.9	1:16	0.4	6:09	8:08	
4	Tue	8:04	3.4	8:36	4.6	2:21	0.8	2:00	0.3	6:10	8:07	
5	Wed	8:46	3.6	9:15	4.7	2:55	0.6	2:41	0.2	6:10	8:06	
6	Thu	9:27	3.8	9:52	4.7	3:28	0.5	3:21	0.2	6:11	8:05	
7	Fri	10:07	4.0	10:29	4.6	4:01	0.5	4:00	0.3	6:12	8:04	
8	Sat	10:47	4.1	11:06	4.5	4:34	0.4	4:41	0.4	6:13	8:03	
9	Sun	11:26	4.2	11:42	4.3	5:09	0.4	5:23	0.5	6:14	8:02	
10	Mon			12:06	4.3	5:45	0.5	6:08	0.6	6:15	8:01	
11	Tue	12:21	4.1	12:48	4.4	6:24	0.5	6:58	0.8	6:15	8:00	
12	Wed	1:02	3.9	1:36	4.5	7:07	0.6	7:53	0.9	6:16	7:58	
13	Thu	1:49	3.6	2:31	4.5	7:57	0.6	8:54	1.0	6:17	7:57	
14	Fri	2:46	3.4	3:34	4.6	8:52	0.5	9:58	1.0	6:18	7:56	
15	Sat	3:51	3.4	4:41	4.8	9:53	0.4	11:04	0.9	6:19	7:55	
16	Sun	4:59	3.4	5:45	5.0	10:58	0.2			6:20	7:53	
17	Mon	6:03	3.6	6:46	5.3	12:09	0.6	12:02	-0.1	6:21	7:52	
18	Tue	7:03	3.9	7:41	5.5	1:08	0.3	1:04	-0.4	6:21	7:51	
19	Wed	8:00	4.3	8:34	5.5	2:01	-0.1	2:02	-0.6	6:22	7:50	
20	Thu	8:53	4.6	9:24	5.4	2:50	-0.3	2:57	-0.8	6:23	7:48	
21	Fri	9:45	4.8	10:13	5.2	3:36	-0.5	3:50	-0.7	6:24	7:47	
22	Sat	10:36	5.0	11:00	4.9	4:20	-0.5	4:42	-0.6	6:25	7:46	
23	Sun	11:25	5.0	11:46	4.5	5:05	-0.4	5:34	-0.3	6:26	7:44	
24	Mon			12:13	4.9	5:49	-0.2	6:28	0.1	6:26	7:43	
25	Tue	12:32	4.1	1:03	4.7	6:36	0.1	7:24	0.5	6:27	7:41	
26	Wed	1:19	3.7	1:55	4.4	7:24	0.4	8:23	0.8	6:28	7:40	
27	Thu	2:10	3.3	2:53	4.2	8:16	0.6	9:24	1.1	6:29	7:39	
28	Fri	3:07	3.1	3:56	4.1	9:11	0.8	10:29	1.3	6:30	7:37	
29	Sat	4:11	3.0	5:01	4.1	10:08	0.9	11:33	1.3	6:31	7:36	
30	Sun	5:13	3.0	5:58	4.2	11:06	0.9			6:31	7:34	
31	Mon	6:08	3.2	6:46	4.3	12:27	1.2	12:01	0.8	6:32	7:33	