















Great Machipongo Inlet, VA - Aug 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:55	3.1	5:40	4.1	10:53	0.6			6:07	8:10	
2	Fri	5:49	3.1	6:29	4.2	12:04	1.0	11:46 AM	0.6	6:08	8:09	
3	Sat	6:39	3.3	7:14	4.4	12:54	0.9	12:35	0.5	6:09	8:08	
4	Sun	7:24	3.5	7:56	4.6	1:36	0.8	1:21	0.4	6:10	8:07	
5	Mon	8:08	3.7	8:37	4.7	2:14	0.7	2:05	0.3	6:10	8:06	
6	Tue	8:50	3.9	9:16	4.8	2:50	0.5	2:46	0.2	6:11	8:05	
7	Wed	9:32	4.0	9:55	4.8	3:25	0.4	3:26	0.2	6:12	8:04	
8	Thu	10:12	4.2	10:33	4.8	4:01	0.3	4:07	0.2	6:13	8:03	
9	Fri	10:53	4.3	11:12	4.6	4:38	0.3	4:49	0.3	6:14	8:02	
10	Sat	11:34	4.4	11:52	4.5	5:16	0.3	5:34	0.4	6:15	8:01	
11	Sun			12:17	4.5	5:57	0.3	6:22	0.5	6:15	8:00	
12	Mon	12:33	4.3	1:04	4.5	6:41	0.3	7:15	0.7	6:16	7:58	
13	Tue	1:20	4.0	1:56	4.6	7:29	0.4	8:13	0.8	6:17	7:57	
14	Wed	2:12	3.8	2:55	4.6	8:23	0.4	9:15	0.8	6:18	7:56	
15	Thu	3:13	3.7	3:59	4.7	9:21	0.3	10:19	0.7	6:19	7:55	
16	Fri	4:19	3.6	5:04	4.9	10:22	0.2	11:24	0.5	6:20	7:53	
17	Sat	5:24	3.8	6:06	5.1	11:26	0.0			6:21	7:52	
18	Sun	6:26	4.0	7:04	5.3	12:26	0.3	12:28	-0.3	6:21	7:51	
19	Mon	7:24	4.2	7:58	5.4	1:23	0.0	1:27	-0.5	6:22	7:50	
20	Tue	8:18	4.5	8:49	5.4	2:15	-0.3	2:23	-0.7	6:23	7:48	
21	Wed	9:11	4.7	9:39	5.3	3:03	-0.5	3:15	-0.8	6:24	7:47	
22	Thu	10:01	4.8	10:26	5.1	3:49	-0.6	4:06	-0.7	6:25	7:46	
23	Fri	10:50	4.9	11:12	4.7	4:34	-0.5	4:56	-0.4	6:26	7:44	
24	Sat	11:37	4.8	11:57	4.4	5:18	-0.3	5:47	-0.1	6:26	7:43	
25	Sun			12:25	4.7	6:03	-0.1	6:39	0.3	6:27	7:41	
26	Mon	12:43	4.0	1:13	4.5	6:49	0.2	7:32	0.6	6:28	7:40	
27	Tue	1:30	3.7	2:05	4.2	7:38	0.5	8:28	0.9	6:29	7:39	
28	Wed	2:21	3.4	3:01	4.1	8:29	0.7	9:26	1.2	6:30	7:37	
29	Thu	3:17	3.2	4:01	4.0	9:22	0.9	10:25	1.3	6:31	7:36	
30	Fri	4:17	3.2	5:01	4.1	10:17	0.9	11:22	1.3	6:31	7:34	
31	Sat	5:16	3.3	5:55	4.2	11:12	0.9			6:32	7:33	