




























Great Machipongo Inlet, VA - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:49	3.8	8:23	5.1	1:56	-0.1	1:50	-0.4	6:07	8:10	
2	Tue	8:40	3.9	9:10	5.1	2:44	-0.2	2:41	-0.5	6:08	8:09	
3	Wed	9:28	4.0	9:56	5.0	3:29	-0.2	3:28	-0.4	6:09	8:08	
4	Thu	10:14	4.1	10:39	4.8	4:11	-0.2	4:13	-0.3	6:10	8:07	
5	Fri	10:59	4.1	11:21	4.6	4:52	-0.1	4:58	-0.1	6:11	8:06	
6	Sat	11:42	4.1			5:32	0.1	5:44	0.2	6:11	8:05	
7	Sun	12:02	4.3	12:26	4.0	6:13	0.3	6:30	0.5	6:12	8:04	
8	Mon	12:44	4.1	1:11	4.0	6:54	0.5	7:19	0.8	6:13	8:03	
9	Tue	1:28	3.8	1:59	3.9	7:37	0.7	8:10	1.0	6:14	8:02	
10	Wed	2:15	3.5	2:50	3.9	8:23	0.8	9:03	1.2	6:15	8:00	
11	Thu	3:06	3.4	3:46	4.0	9:11	0.9	9:58	1.3	6:16	7:59	
12	Fri	4:02	3.3	4:43	4.1	10:01	0.9	10:54	1.2	6:17	7:58	
13	Sat	4:59	3.3	5:37	4.3	10:54	0.8	11:49	1.1	6:17	7:57	
14	Sun	5:53	3.5	6:27	4.6	11:47	0.7			6:18	7:56	
15	Mon	6:43	3.7	7:15	4.8	12:41	0.9	12:38	0.5	6:19	7:54	
16	Tue	7:31	4.0	8:01	5.1	1:29	0.6	1:28	0.2	6:20	7:53	
17	Wed	8:18	4.2	8:46	5.3	2:14	0.3	2:16	-0.1	6:21	7:52	
18	Thu	9:05	4.5	9:32	5.4	2:58	0.1	3:04	-0.3	6:22	7:50	
19	Fri	9:52	4.7	10:17	5.4	3:41	-0.1	3:52	-0.4	6:22	7:49	
20	Sat	10:40	4.9	11:03	5.2	4:25	-0.3	4:41	-0.3	6:23	7:48	
21	Sun	11:29	5.0	11:51	5.0	5:11	-0.3	5:33	-0.2	6:24	7:46	
22	Mon			12:19	5.0	5:59	-0.3	6:29	0.0	6:25	7:45	
23	Tue	12:40	4.6	1:13	4.9	6:50	-0.1	7:28	0.2	6:26	7:44	
24	Wed	1:33	4.3	2:10	4.8	7:44	0.0	8:31	0.4	6:27	7:42	
25	Thu	2:31	3.9	3:14	4.7	8:41	0.1	9:36	0.5	6:28	7:41	
26	Fri	3:35	3.7	4:21	4.7	9:42	0.2	10:43	0.6	6:28	7:40	
27	Sat	4:43	3.6	5:27	4.7	10:44	0.2	11:48	0.5	6:29	7:38	
28	Sun	5:47	3.6	6:26	4.8	11:46	0.1			6:30	7:37	
29	Mon	6:45	3.8	7:19	4.8	12:48	0.4	12:45	0.0	6:31	7:35	
30	Tue	7:36	3.9	8:06	4.9	1:39	0.2	1:38	-0.1	6:32	7:34	
31	Wed	8:23	4.1	8:50	4.9	2:24	0.1	2:26	-0.1	6:33	7:32	