

































## Great Machipongo Inlet, VA - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:52	4.0	5:03	3.2	11:06	0.1	11:05	-0.3	7:17	4:55	
2	Wed	5:43	4.1	5:54	3.1			12:05	0.1	7:17	4:56	
3	Thu	6:30	4.3	6:40	3.1			12:55	0.0	7:17	4:57	
4	Fri	7:13	4.4	7:23	3.1	12:39	-0.4	1:38	-0.1	7:17	4:58	
5	Sat	7:55	4.4	8:06	3.2	1:21	-0.4	2:17	-0.1	7:17	4:58	
6	Sun	8:36	4.4	8:47	3.2	2:02	-0.4	2:55	-0.1	7:17	4:59	
7	Mon	9:16	4.4	9:29	3.2	2:41	-0.4	3:32	0.0	7:17	5:00	
8	Tue	9:57	4.3	10:10	3.2	3:21	-0.3	4:10	0.1	7:17	5:01	
9	Wed	10:36	4.2	10:52	3.2	4:01	-0.1	4:49	0.2	7:17	5:02	
10	Thu	11:16	4.1	11:34	3.2	4:43	0.1	5:29	0.3	7:17	5:03	
11	Fri	11:56	3.9			5:28	0.3	6:10	0.4	7:16	5:04	
12	Sat	12:18	3.2	12:39	3.7	6:16	0.5	6:53	0.4	7:16	5:05	
13	Sun	1:06	3.3	1:25	3.5	7:08	0.6	7:38	0.4	7:16	5:06	
14	Mon	1:59	3.4	2:16	3.3	8:04	0.6	8:26	0.3	7:16	5:07	
15	Tue	2:56	3.6	3:13	3.2	9:03	0.6	9:17	0.2	7:15	5:08	
16	Wed	3:53	3.9	4:11	3.3	10:04	0.4	10:11	0.0	7:15	5:09	
17	Thu	4:50	4.3	5:07	3.3	11:05	0.2	11:06	-0.3	7:15	5:10	
18	Fri	5:45	4.7	6:02	3.5			12:04	-0.1	7:14	5:11	
19	Sat	6:39	5.0	6:56	3.6	12:02	-0.7	12:59	-0.4	7:14	5:12	
20	Sun	7:32	5.3	7:50	3.8	12:56	-1.0	1:51	-0.7	7:13	5:13	
21	Mon	8:24	5.4	8:43	3.9	1:49	-1.2	2:42	-0.9	7:13	5:14	
22	Tue	9:16	5.4	9:36	4.0	2:41	-1.4	3:32	-1.0	7:12	5:15	
23	Wed	10:07	5.3	10:29	4.1	3:34	-1.3	4:22	-1.0	7:12	5:16	
24	Thu	10:58	4.9	11:22	4.0	4:29	-1.2	5:13	-0.9	7:11	5:18	
25	Fri	11:49	4.5			5:26	-0.9	6:05	-0.8	7:11	5:19	
26	Sat	12:17	3.9	12:41	4.0	6:25	-0.6	6:58	-0.6	7:10	5:20	
27	Sun	1:15	3.8	1:36	3.6	7:28	-0.2	7:51	-0.4	7:09	5:21	
28	Mon	2:17	3.7	2:35	3.2	8:32	0.0	8:46	-0.2	7:09	5:22	
29	Tue	3:21	3.7	3:37	2.9	9:39	0.2	9:41	-0.1	7:08	5:23	
30	Wed	4:25	3.8	4:37	2.8	10:46	0.3	10:36	-0.1	7:07	5:24	
31	Thu	5:21	3.8	5:31	2.8	11:47	0.3	11:29	-0.1	7:06	5:25	