


































Great Machipongo Inlet, VA - Jul 2019

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 7:57 | 3.8 | 8:27 | 5.3 | 1:58 | 0.2 | 1:52 | -0.2 | 5:45 | 8:27 |  |
| 2 | Tue | 8:47 | 3.9 | 9:17 | 5.5 | 2:48 | -0.1 | 2:41 | -0.4 | 5:46 | 8:27 |  |
| 3 | Wed | 9:38 | 4.0 | 10:07 | 5.6 | 3:37 | -0.3 | 3:31 | -0.5 | 5:46 | 8:27 |  |
| 4 | Thu | 10:29 | 4.1 | 10:58 | 5.6 | 4:26 | -0.4 | 4:22 | -0.5 | 5:47 | 8:27 |  |
| 5 | Fri | 11:21 | 4.1 | 11:49 | 5.4 | 5:16 | -0.4 | 5:16 | -0.5 | 5:47 | 8:27 |  |
| 6 | Sat | | | 12:15 | 4.1 | 6:08 | -0.4 | 6:13 | -0.3 | 5:48 | 8:26 |  |
| 7 | Sun | 12:40 | 5.1 | 1:10 | 4.1 | 7:01 | -0.3 | 7:13 | -0.1 | 5:48 | 8:26 |  |
| 8 | Mon | 1:34 | 4.7 | 2:09 | 4.1 | 7:55 | -0.2 | 8:16 | 0.1 | 5:49 | 8:26 |  |
| 9 | Tue | 2:30 | 4.3 | 3:11 | 4.2 | 8:49 | -0.1 | 9:21 | 0.3 | 5:50 | 8:26 |  |
| 10 | Wed | 3:30 | 3.9 | 4:15 | 4.3 | 9:43 | -0.1 | 10:27 | 0.4 | 5:50 | 8:25 |  |
| 11 | Thu | 4:32 | 3.6 | 5:17 | 4.4 | 10:37 | 0.0 | 11:33 | 0.4 | 5:51 | 8:25 |  |
| 12 | Fri | 5:32 | 3.4 | 6:13 | 4.5 | 11:32 | 0.0 | | | 5:51 | 8:25 |  |
| 13 | Sat | 6:27 | 3.4 | 7:04 | 4.7 | 12:36 | 0.3 | 12:24 | 0.0 | 5:52 | 8:24 |  |
| 14 | Sun | 7:18 | 3.3 | 7:51 | 4.7 | 1:32 | 0.2 | 1:15 | 0.0 | 5:53 | 8:24 |  |
| 15 | Mon | 8:05 | 3.4 | 8:36 | 4.8 | 2:20 | 0.2 | 2:01 | -0.1 | 5:53 | 8:23 |  |
| 16 | Tue | 8:50 | 3.4 | 9:18 | 4.8 | 3:02 | 0.1 | 2:45 | -0.1 | 5:54 | 8:23 |  |
| 17 | Wed | 9:33 | 3.5 | 10:00 | 4.8 | 3:42 | 0.2 | 3:27 | 0.0 | 5:55 | 8:22 |  |
| 18 | Thu | 10:16 | 3.5 | 10:41 | 4.7 | 4:20 | 0.2 | 4:08 | 0.1 | 5:56 | 8:22 |  |
| 19 | Fri | 10:58 | 3.6 | 11:21 | 4.6 | 4:57 | 0.3 | 4:49 | 0.2 | 5:56 | 8:21 |  |
| 20 | Sat | 11:40 | 3.6 | | | 5:35 | 0.4 | 5:32 | 0.4 | 5:57 | 8:20 |  |
| 21 | Sun | 12:01 | 4.4 | 12:22 | 3.6 | 6:14 | 0.5 | 6:16 | 0.6 | 5:58 | 8:20 |  |
| 22 | Mon | 12:41 | 4.2 | 1:06 | 3.7 | 6:54 | 0.6 | 7:04 | 0.8 | 5:59 | 8:19 |  |
| 23 | Tue | 1:23 | 4.0 | 1:52 | 3.7 | 7:35 | 0.7 | 7:54 | 1.0 | 5:59 | 8:18 |  |
| 24 | Wed | 2:07 | 3.8 | 2:41 | 3.8 | 8:18 | 0.8 | 8:47 | 1.1 | 6:00 | 8:18 |  |
| 25 | Thu | 2:56 | 3.6 | 3:35 | 4.0 | 9:04 | 0.8 | 9:43 | 1.1 | 6:01 | 8:17 |  |
| 26 | Fri | 3:50 | 3.5 | 4:30 | 4.2 | 9:52 | 0.7 | 10:42 | 1.0 | 6:02 | 8:16 |  |
| 27 | Sat | 4:47 | 3.5 | 5:26 | 4.5 | 10:44 | 0.6 | 11:41 | 0.8 | 6:03 | 8:15 |  |
| 28 | Sun | 5:43 | 3.5 | 6:20 | 4.9 | 11:39 | 0.4 | | | 6:03 | 8:14 |  |
| 29 | Mon | 6:38 | 3.7 | 7:13 | 5.2 | 12:39 | 0.5 | 12:34 | 0.1 | 6:04 | 8:13 |  |
| 30 | Tue | 7:31 | 3.9 | 8:05 | 5.5 | 1:34 | 0.2 | 1:29 | -0.2 | 6:05 | 8:13 |  |
| 31 | Wed | 8:24 | 4.1 | 8:57 | 5.7 | 2:26 | -0.1 | 2:22 | -0.5 | 6:06 | 8:12 |  |