

































Great Machipongo Inlet, VA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:10	3.8	4:21	3.0	10:25	0.3	10:21	-0.1	7:17	4:55	
2	Mon	5:05	4.0	5:15	2.9	11:28	0.3	11:11	0.0	7:17	4:56	
3	Tue	5:54	4.1	6:03	2.8			12:23	0.3	7:17	4:57	
4	Wed	6:38	4.2	6:47	2.9			1:09	0.2	7:17	4:58	
5	Thu	7:21	4.3	7:29	2.9	12:42	-0.1	1:49	0.2	7:17	4:58	
6	Fri	8:02	4.3	8:11	3.0	1:24	-0.2	2:26	0.2	7:17	4:59	
7	Sat	8:43	4.4	8:52	3.1	2:04	-0.2	3:02	0.2	7:17	5:00	
8	Sun	9:24	4.4	9:33	3.1	2:44	-0.2	3:38	0.2	7:17	5:01	
9	Mon	10:03	4.3	10:14	3.1	3:23	-0.2	4:15	0.3	7:17	5:02	
10	Tue	10:41	4.2	10:55	3.2	4:03	0.0	4:53	0.3	7:17	5:03	
11	Wed	11:19	4.0	11:37	3.2	4:46	0.1	5:32	0.4	7:16	5:04	
12	Thu	11:58	3.8			5:31	0.3	6:12	0.4	7:16	5:05	
13	Fri	12:21	3.3	12:40	3.6	6:21	0.5	6:53	0.4	7:16	5:06	
14	Sat	1:09	3.4	1:26	3.4	7:15	0.6	7:38	0.3	7:16	5:07	
15	Sun	2:03	3.6	2:20	3.2	8:14	0.6	8:27	0.2	7:15	5:08	
16	Mon	3:02	3.8	3:19	3.1	9:16	0.5	9:20	0.1	7:15	5:09	
17	Tue	4:02	4.1	4:20	3.1	10:20	0.4	10:17	-0.1	7:15	5:10	
18	Wed	5:01	4.5	5:19	3.1	11:23	0.1	11:16	-0.4	7:14	5:11	
19	Thu	5:59	4.8	6:16	3.3			12:24	-0.2	7:14	5:12	
20	Fri	6:55	5.1	7:12	3.5	12:14	-0.8	1:19	-0.5	7:13	5:13	
21	Sat	7:50	5.3	8:07	3.6	1:10	-1.1	2:12	-0.7	7:13	5:14	
22	Sun	8:44	5.4	9:01	3.8	2:05	-1.3	3:02	-0.8	7:12	5:15	
23	Mon	9:36	5.3	9:54	3.9	2:59	-1.4	3:51	-0.9	7:12	5:16	
24	Tue	10:26	5.0	10:46	4.0	3:52	-1.3	4:40	-0.9	7:11	5:18	
25	Wed	11:15	4.6	11:39	4.0	4:48	-1.0	5:29	-0.7	7:11	5:19	
26	Thu			12:03	4.2	5:45	-0.7	6:18	-0.6	7:10	5:20	
27	Fri	12:33	3.9	12:54	3.7	6:44	-0.3	7:08	-0.4	7:09	5:21	
28	Sat	1:29	3.8	1:47	3.2	7:46	0.0	7:58	-0.1	7:09	5:22	
29	Sun	2:30	3.7	2:45	2.8	8:51	0.3	8:51	0.0	7:08	5:23	
30	Mon	3:33	3.7	3:47	2.6	9:58	0.5	9:45	0.1	7:07	5:24	
31	Tue	4:35	3.7	4:46	2.5	11:05	0.5	10:40	0.2	7:06	5:25	