

































## Great Machipongo Inlet, VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:59	3.5	4:14	2.5	10:31	0.8	10:09	0.5	6:33	5:56	
2	Thu	5:01	3.6	5:11	2.7	11:33	0.8	11:06	0.4	6:32	5:57	
3	Fri	5:53	3.8	5:59	2.9			12:20	0.7	6:31	5:58	
4	Sat	6:37	3.9	6:42	3.1			12:57	0.6	6:29	5:59	
5	Sun	7:17	4.1	7:24	3.4	12:42	0.0	1:30	0.4	6:28	6:00	
6	Mon	7:55	4.2	8:03	3.6	1:24	-0.1	2:02	0.2	6:26	6:01	
7	Tue	8:32	4.3	8:42	3.9	2:03	-0.2	2:34	0.1	6:25	6:02	
8	Wed	9:08	4.2	9:21	4.0	2:42	-0.3	3:07	0.0	6:24	6:03	
9	Thu	9:44	4.1	9:59	4.2	3:21	-0.2	3:41	0.0	6:22	6:04	
10	Fri	10:21	4.0	10:38	4.3	4:02	-0.1	4:16	0.1	6:21	6:05	
11	Sat	10:59	3.8	11:19	4.3	4:46	0.0	4:54	0.1	6:19	6:06	
12	Sun			12:39	3.5	6:34	0.2	6:37	0.2	7:18	7:07	
13	Mon	1:05	4.3	1:26	3.3	7:28	0.4	7:27	0.3	7:16	7:07	
14	Tue	1:59	4.3	2:21	3.1	8:27	0.5	8:25	0.3	7:15	7:08	
15	Wed	3:03	4.2	3:26	3.0	9:32	0.6	9:29	0.2	7:13	7:09	
16	Thu	4:13	4.3	4:37	3.0	10:40	0.5	10:37	0.1	7:12	7:10	
17	Fri	5:23	4.4	5:45	3.2	11:46	0.3	11:44	-0.2	7:10	7:11	
18	Sat	6:26	4.6	6:46	3.6			12:46	0.0	7:09	7:12	
19	Sun	7:23	4.8	7:42	4.0	12:48	-0.5	1:39	-0.3	7:07	7:13	
20	Mon	8:16	4.9	8:34	4.4	1:47	-0.8	2:27	-0.6	7:06	7:14	
21	Tue	9:05	4.8	9:24	4.6	2:41	-1.0	3:11	-0.8	7:04	7:15	
22	Wed	9:52	4.6	10:11	4.8	3:33	-1.1	3:54	-0.8	7:03	7:16	
23	Thu	10:37	4.4	10:58	4.8	4:22	-1.0	4:36	-0.7	7:01	7:17	
24	Fri	11:21	4.0	11:43	4.7	5:12	-0.7	5:18	-0.5	7:00	7:18	
25	Sat			12:06	3.7	6:01	-0.4	6:02	-0.2	6:58	7:18	
26	Sun	12:29	4.5	12:51	3.3	6:53	0.0	6:48	0.1	6:57	7:19	
27	Mon	1:18	4.2	1:38	3.0	7:46	0.4	7:39	0.4	6:55	7:20	
28	Tue	2:10	3.9	2:32	2.8	8:44	0.7	8:33	0.7	6:54	7:21	
29	Wed	3:11	3.7	3:33	2.7	9:44	1.0	9:32	0.8	6:52	7:22	
30	Thu	4:17	3.6	4:38	2.7	10:46	1.1	10:33	0.8	6:51	7:23	
31	Fri	5:22	3.6	5:37	2.9	11:44	1.0	11:32	0.7	6:49	7:24	