

































Great Machipongo Inlet, VA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:14	3.5	7:47	5.3	1:19	0.3	1:07	0.0	5:45	8:27	
2	Sun	8:06	3.6	8:39	5.5	2:12	0.1	2:00	-0.3	5:46	8:27	
3	Mon	8:59	3.7	9:32	5.6	3:04	-0.1	2:52	-0.5	5:46	8:27	
4	Tue	9:52	3.8	10:24	5.7	3:54	-0.3	3:45	-0.6	5:47	8:27	
5	Wed	10:46	3.9	11:17	5.5	4:45	-0.3	4:39	-0.6	5:47	8:27	
6	Thu	11:40	4.0			5:37	-0.3	5:35	-0.5	5:48	8:26	
7	Fri	12:08	5.3	12:35	4.1	6:28	-0.3	6:34	-0.2	5:48	8:26	
8	Sat	1:00	4.9	1:32	4.1	7:21	-0.2	7:37	0.0	5:49	8:26	
9	Sun	1:54	4.4	2:31	4.2	8:13	-0.1	8:41	0.2	5:50	8:26	
10	Mon	2:50	4.0	3:33	4.2	9:04	0.0	9:47	0.4	5:50	8:25	
11	Tue	3:49	3.6	4:36	4.3	9:56	0.1	10:54	0.5	5:51	8:25	
12	Wed	4:50	3.3	5:35	4.4	10:49	0.2			5:51	8:25	
13	Thu	5:48	3.1	6:28	4.5	12:00	0.6	11:41 AM	0.2	5:52	8:24	
14	Fri	6:41	3.1	7:17	4.6	1:01	0.5	12:33	0.2	5:53	8:24	
15	Sat	7:29	3.1	8:02	4.6	1:52	0.5	1:22	0.2	5:54	8:23	
16	Sun	8:14	3.2	8:46	4.7	2:35	0.4	2:07	0.2	5:54	8:23	
17	Mon	8:57	3.3	9:28	4.7	3:14	0.4	2:50	0.1	5:55	8:22	
18	Tue	9:40	3.4	10:08	4.7	3:51	0.4	3:31	0.1	5:56	8:22	
19	Wed	10:21	3.4	10:48	4.6	4:26	0.5	4:11	0.2	5:56	8:21	
20	Thu	11:03	3.5	11:26	4.5	5:02	0.5	4:52	0.3	5:57	8:20	
21	Fri	11:44	3.6			5:39	0.6	5:34	0.5	5:58	8:20	
22	Sat	12:04	4.3	12:25	3.6	6:15	0.6	6:18	0.7	5:59	8:19	
23	Sun	12:43	4.1	1:07	3.7	6:53	0.7	7:06	0.9	5:59	8:18	
24	Mon	1:22	3.9	1:52	3.8	7:33	0.7	7:58	1.0	6:00	8:18	
25	Tue	2:06	3.7	2:42	4.0	8:15	0.8	8:53	1.1	6:01	8:17	
26	Wed	2:55	3.5	3:37	4.2	9:01	0.7	9:52	1.1	6:02	8:16	
27	Thu	3:52	3.3	4:35	4.4	9:52	0.6	10:53	1.0	6:03	8:15	
28	Fri	4:52	3.3	5:34	4.7	10:47	0.5	11:56	0.8	6:03	8:14	
29	Sat	5:52	3.4	6:31	5.0	11:46	0.2			6:04	8:13	
30	Sun	6:49	3.5	7:27	5.4	12:56	0.5	12:45	-0.1	6:05	8:13	
31	Mon	7:45	3.8	8:22	5.6	1:52	0.2	1:42	-0.4	6:06	8:12	