

































## Great Machipongo Inlet, VA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:32	4.1	2:03	3.6	7:54	0.4	8:09	0.7	5:46	8:27	
2	Wed	2:19	3.7	2:56	3.6	8:37	0.5	9:06	0.9	5:46	8:27	
3	Thu	3:09	3.4	3:50	3.7	9:20	0.6	10:03	1.0	5:46	8:27	
4	Fri	4:02	3.1	4:44	3.9	10:03	0.7	11:01	1.1	5:47	8:27	
5	Sat	4:56	3.0	5:35	4.0	10:49	0.7	11:57	1.0	5:48	8:27	
6	Sun	5:48	3.0	6:23	4.2	11:37	0.7			5:48	8:26	
7	Mon	6:37	3.1	7:10	4.4	12:49	0.9	12:25	0.6	5:49	8:26	
8	Tue	7:23	3.2	7:55	4.6	1:36	0.8	1:12	0.5	5:49	8:26	
9	Wed	8:09	3.3	8:39	4.8	2:19	0.7	1:58	0.3	5:50	8:25	
10	Thu	8:53	3.4	9:23	4.9	3:00	0.5	2:42	0.2	5:51	8:25	
11	Fri	9:38	3.5	10:06	5.0	3:41	0.4	3:26	0.1	5:51	8:25	
12	Sat	10:22	3.7	10:48	5.0	4:21	0.3	4:11	0.0	5:52	8:24	
13	Sun	11:07	3.8	11:30	4.9	5:03	0.2	4:57	0.1	5:53	8:24	
14	Mon	11:52	3.9			5:45	0.2	5:47	0.2	5:53	8:23	
15	Tue	12:14	4.8	12:40	4.1	6:29	0.1	6:41	0.3	5:54	8:23	
16	Wed	12:59	4.5	1:31	4.3	7:14	0.1	7:39	0.4	5:55	8:22	
17	Thu	1:48	4.1	2:27	4.4	8:02	0.1	8:41	0.5	5:55	8:22	
18	Fri	2:42	3.8	3:27	4.6	8:54	0.1	9:46	0.6	5:56	8:21	
19	Sat	3:43	3.5	4:30	4.7	9:48	0.1	10:53	0.5	5:57	8:21	
20	Sun	4:47	3.3	5:33	4.9	10:46	0.0			5:58	8:20	
21	Mon	5:50	3.3	6:34	5.1	12:00	0.4	11:47 AM	-0.1	5:58	8:19	
22	Tue	6:51	3.3	7:31	5.2	1:04	0.3	12:47	-0.2	5:59	8:19	
23	Wed	7:47	3.5	8:26	5.2	2:02	0.1	1:44	-0.4	6:00	8:18	
24	Thu	8:41	3.6	9:16	5.2	2:53	0.0	2:38	-0.5	6:01	8:17	
25	Fri	9:32	3.7	10:04	5.1	3:39	-0.1	3:28	-0.4	6:01	8:16	
26	Sat	10:20	3.8	10:49	4.9	4:23	-0.1	4:16	-0.3	6:02	8:16	
27	Sun	11:07	3.9	11:31	4.6	5:04	0.0	5:04	-0.1	6:03	8:15	
28	Mon	11:51	3.9			5:44	0.1	5:51	0.2	6:04	8:14	
29	Tue	12:12	4.3	12:36	3.9	6:24	0.3	6:40	0.5	6:05	8:13	
30	Wed	12:53	4.0	1:21	3.9	7:04	0.5	7:31	0.8	6:06	8:12	
31	Thu	1:36	3.6	2:08	3.9	7:45	0.7	8:24	1.0	6:06	8:11	