

































## Great Machipongo Inlet, VA - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:45	5.1	9:00	3.7	2:07	-0.6	3:00	-0.3	7:17	4:56	
2	Tue	9:30	5.1	9:48	3.8	2:54	-0.7	3:44	-0.4	7:17	4:56	
3	Wed	10:16	5.0	10:37	3.9	3:43	-0.7	4:30	-0.5	7:17	4:57	
4	Thu	11:03	4.8	11:28	4.0	4:35	-0.6	5:17	-0.5	7:17	4:58	
5	Fri	11:51	4.4			5:30	-0.4	6:07	-0.5	7:17	4:59	
6	Sat	12:21	4.0	12:42	4.0	6:30	-0.2	6:58	-0.4	7:17	5:00	
7	Sun	1:19	4.1	1:38	3.6	7:33	0.0	7:52	-0.4	7:17	5:01	
8	Mon	2:22	4.1	2:39	3.3	8:38	0.1	8:48	-0.4	7:17	5:02	
9	Tue	3:27	4.2	3:43	3.1	9:46	0.2	9:47	-0.4	7:17	5:03	
10	Wed	4:32	4.3	4:46	3.0	10:55	0.1	10:46	-0.4	7:17	5:04	
11	Thu	5:33	4.4	5:45	3.0	11:59	0.0	11:45	-0.6	7:16	5:05	
12	Fri	6:28	4.5	6:39	3.1			12:54	-0.1	7:16	5:06	
13	Sat	7:18	4.6	7:28	3.2	12:39	-0.7	1:42	-0.3	7:16	5:07	
14	Sun	8:05	4.6	8:15	3.3	1:28	-0.8	2:25	-0.3	7:16	5:08	
15	Mon	8:48	4.5	8:59	3.4	2:14	-0.8	3:04	-0.3	7:15	5:09	
16	Tue	9:29	4.4	9:42	3.4	2:57	-0.7	3:42	-0.3	7:15	5:10	
17	Wed	10:09	4.2	10:24	3.5	3:40	-0.5	4:19	-0.2	7:15	5:11	
18	Thu	10:47	4.0	11:06	3.5	4:22	-0.3	4:57	-0.1	7:14	5:12	
19	Fri	11:26	3.7	11:48	3.5	5:06	0.0	5:35	0.1	7:14	5:13	
20	Sat			12:06	3.5	5:52	0.2	6:14	0.2	7:13	5:14	
21	Sun	12:33	3.4	12:49	3.2	6:40	0.5	6:56	0.4	7:13	5:15	
22	Mon	1:22	3.4	1:36	3.0	7:32	0.7	7:42	0.4	7:12	5:16	
23	Tue	2:16	3.5	2:29	2.8	8:27	0.8	8:31	0.4	7:12	5:17	
24	Wed	3:14	3.6	3:27	2.8	9:26	0.9	9:24	0.4	7:11	5:18	
25	Thu	4:12	3.8	4:24	2.8	10:25	0.8	10:20	0.2	7:10	5:19	
26	Fri	5:07	4.0	5:19	3.0	11:23	0.6	11:15	-0.1	7:10	5:20	
27	Sat	5:59	4.4	6:11	3.2			12:16	0.3	7:09	5:21	
28	Sun	6:48	4.7	7:01	3.5	12:08	-0.4	1:04	0.0	7:08	5:23	
29	Mon	7:36	4.9	7:50	3.8	1:00	-0.7	1:50	-0.4	7:07	5:24	
30	Tue	8:23	5.0	8:39	4.0	1:50	-1.0	2:35	-0.6	7:07	5:25	
31	Wed	9:09	5.0	9:28	4.3	2:39	-1.1	3:19	-0.8	7:06	5:26	