

































Great Machipongo Inlet, VA - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:20	4.1	7:57	5.6	1:23	0.0	1:22	-0.6	6:07	8:11	
2	Sat	8:17	4.3	8:50	5.6	2:17	-0.3	2:19	-0.8	6:08	8:10	
3	Sun	9:11	4.5	9:42	5.6	3:07	-0.6	3:13	-0.9	6:08	8:09	
4	Mon	10:04	4.7	10:32	5.4	3:56	-0.7	4:07	-0.9	6:09	8:08	
5	Tue	10:56	4.8	11:21	5.0	4:43	-0.7	5:00	-0.7	6:10	8:07	
6	Wed	11:47	4.8			5:31	-0.6	5:54	-0.4	6:11	8:06	
7	Thu	12:09	4.6	12:38	4.6	6:19	-0.4	6:50	0.0	6:12	8:04	
8	Fri	12:57	4.2	1:30	4.5	7:08	-0.1	7:48	0.4	6:13	8:03	
9	Sat	1:46	3.8	2:25	4.3	7:58	0.2	8:47	0.7	6:14	8:02	
10	Sun	2:40	3.4	3:24	4.1	8:50	0.4	9:49	0.9	6:14	8:01	
11	Mon	3:38	3.2	4:26	4.1	9:43	0.6	10:52	1.1	6:15	8:00	
12	Tue	4:38	3.1	5:26	4.1	10:38	0.7	11:52	1.1	6:16	7:59	
13	Wed	5:36	3.1	6:18	4.2	11:32	0.7			6:17	7:58	
14	Thu	6:27	3.3	7:03	4.4	12:43	1.0	12:24	0.6	6:18	7:56	
15	Fri	7:13	3.5	7:45	4.5	1:26	0.9	1:11	0.5	6:19	7:55	
16	Sat	7:56	3.7	8:25	4.6	2:02	0.7	1:54	0.4	6:19	7:54	
17	Sun	8:38	3.9	9:03	4.7	2:37	0.6	2:35	0.3	6:20	7:53	
18	Mon	9:19	4.1	9:42	4.7	3:12	0.5	3:16	0.2	6:21	7:51	
19	Tue	9:59	4.3	10:20	4.7	3:47	0.4	3:56	0.2	6:22	7:50	
20	Wed	10:39	4.4	10:58	4.6	4:22	0.3	4:37	0.3	6:23	7:49	
21	Thu	11:19	4.5	11:36	4.4	4:59	0.3	5:20	0.4	6:24	7:47	
22	Fri			12:01	4.6	5:38	0.4	6:07	0.6	6:25	7:46	
23	Sat	12:17	4.2	12:46	4.6	6:20	0.4	6:58	0.7	6:25	7:45	
24	Sun	1:01	4.0	1:36	4.7	7:07	0.5	7:54	0.9	6:26	7:43	
25	Mon	1:52	3.8	2:33	4.7	8:01	0.5	8:55	0.9	6:27	7:42	
26	Tue	2:51	3.6	3:37	4.7	8:59	0.5	9:59	0.9	6:28	7:41	
27	Wed	3:57	3.6	4:43	4.9	10:01	0.3	11:03	0.7	6:29	7:39	
28	Thu	5:04	3.7	5:47	5.1	11:06	0.1			6:30	7:38	
29	Fri	6:07	4.0	6:45	5.2	12:06	0.4	12:09	-0.1	6:30	7:36	
30	Sat	7:06	4.3	7:40	5.4	1:03	0.1	1:10	-0.4	6:31	7:35	
31	Sun	8:00	4.6	8:31	5.4	1:55	-0.2	2:06	-0.6	6:32	7:33	