



## Great Machipongo Inlet, VA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:15	5.1	8:36	4.8	1:51	-1.3	2:23	-1.1	6:33	5:56	☀
2	Wed	9:05	5.0	9:27	4.9	2:43	-1.4	3:11	-1.2	6:31	5:57	☀
3	Thu	9:54	4.8	10:19	5.0	3:35	-1.4	3:59	-1.2	6:30	5:58	☀
4	Fri	10:44	4.5	11:10	4.8	4:29	-1.1	4:48	-1.0	6:28	5:59	☀
5	Sat	11:34	4.1			5:24	-0.8	5:40	-0.8	6:27	6:00	☀
6	Sun	12:04	4.6	12:26	3.7	6:23	-0.4	6:35	-0.5	6:26	6:01	☀
7	Mon	1:00	4.3	1:23	3.3	7:24	-0.1	7:32	-0.2	6:24	6:02	☀
8	Tue	2:03	4.0	2:25	3.1	8:28	0.2	8:33	0.0	6:23	6:03	☀
9	Wed	3:10	3.8	3:33	3.0	9:34	0.4	9:36	0.1	6:21	6:04	☀
10	Thu	4:19	3.7	4:37	3.0	10:39	0.4	10:38	0.1	6:20	6:05	☀
11	Fri	5:18	3.8	5:31	3.2	11:36	0.4	11:34	0.1	6:18	6:06	☀
12	Sat	6:06	3.8	6:16	3.4			12:21	0.3	6:17	6:07	☀
13	Sun	7:47	3.9	7:57	3.6	12:22	-0.1	1:59	0.2	7:15	7:08	☀
14	Mon	8:25	4.0	8:37	3.8	2:05	-0.2	2:33	0.1	7:14	7:09	☀
15	Tue	9:03	4.1	9:16	4.0	2:44	-0.2	3:06	0.0	7:12	7:10	☀
16	Wed	9:40	4.1	9:54	4.1	3:22	-0.3	3:39	0.0	7:11	7:11	☀
17	Thu	10:17	4.0	10:33	4.2	3:59	-0.2	4:14	0.0	7:09	7:12	☀
18	Fri	10:55	3.9	11:11	4.2	4:37	-0.1	4:49	0.1	7:08	7:13	☀
19	Sat	11:32	3.8	11:50	4.2	5:17	0.1	5:26	0.2	7:06	7:14	☀
20	Sun			12:11	3.6	5:58	0.2	6:06	0.3	7:05	7:14	☀
21	Mon	12:32	4.2	12:51	3.5	6:44	0.4	6:50	0.5	7:03	7:15	☀
22	Tue	1:17	4.1	1:37	3.4	7:34	0.6	7:39	0.5	7:02	7:16	☀
23	Wed	2:08	4.1	2:31	3.3	8:29	0.7	8:35	0.5	7:00	7:17	☀
24	Thu	3:07	4.1	3:32	3.3	9:27	0.7	9:36	0.4	6:59	7:18	☀
25	Fri	4:10	4.2	4:36	3.5	10:27	0.5	10:39	0.2	6:57	7:19	☀
26	Sat	5:13	4.4	5:38	3.8	11:27	0.3	11:42	-0.1	6:56	7:20	☀
27	Sun	6:12	4.6	6:36	4.2			12:24	-0.1	6:54	7:21	☀
28	Mon	7:08	4.8	7:31	4.6	12:43	-0.5	1:17	-0.5	6:53	7:22	☀
29	Tue	8:00	4.9	8:23	5.0	1:41	-0.9	2:08	-0.8	6:51	7:23	☀
30	Wed	8:52	4.9	9:15	5.2	2:35	-1.1	2:57	-1.0	6:50	7:23	☀
31	Thu	9:43	4.8	10:06	5.4	3:28	-1.2	3:45	-1.1	6:48	7:24	☀