

































Great Machipongo Inlet, VA - Jun 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | | | 12:16 | 3.6 | 6:14 | -0.1 | 6:13 | 0.1 | 5:43 | 8:18 |  |
| 2 | Thu | 12:39 | 4.5 | 1:05 | 3.5 | 7:03 | 0.1 | 7:05 | 0.4 | 5:43 | 8:18 |  |
| 3 | Fri | 1:26 | 4.2 | 1:56 | 3.4 | 7:51 | 0.4 | 7:59 | 0.6 | 5:42 | 8:19 |  |
| 4 | Sat | 2:15 | 3.9 | 2:49 | 3.4 | 8:38 | 0.5 | 8:54 | 0.8 | 5:42 | 8:20 |  |
| 5 | Sun | 3:07 | 3.6 | 3:45 | 3.5 | 9:25 | 0.6 | 9:49 | 0.9 | 5:42 | 8:20 |  |
| 6 | Mon | 4:01 | 3.5 | 4:40 | 3.7 | 10:10 | 0.7 | 10:45 | 1.0 | 5:42 | 8:21 |  |
| 7 | Tue | 4:54 | 3.4 | 5:30 | 3.9 | 10:56 | 0.6 | 11:39 | 0.9 | 5:41 | 8:21 |  |
| 8 | Wed | 5:45 | 3.4 | 6:18 | 4.2 | 11:42 | 0.6 | | | 5:41 | 8:22 |  |
| 9 | Thu | 6:32 | 3.5 | 7:02 | 4.5 | 12:30 | 0.8 | 12:27 | 0.4 | 5:41 | 8:22 |  |
| 10 | Fri | 7:18 | 3.6 | 7:46 | 4.7 | 1:17 | 0.6 | 1:12 | 0.3 | 5:41 | 8:23 |  |
| 11 | Sat | 8:03 | 3.7 | 8:29 | 4.9 | 2:02 | 0.4 | 1:56 | 0.1 | 5:41 | 8:23 |  |
| 12 | Sun | 8:47 | 3.8 | 9:13 | 5.1 | 2:46 | 0.2 | 2:40 | 0.0 | 5:41 | 8:24 |  |
| 13 | Mon | 9:32 | 3.8 | 9:57 | 5.2 | 3:29 | 0.1 | 3:24 | -0.1 | 5:41 | 8:24 |  |
| 14 | Tue | 10:18 | 3.9 | 10:42 | 5.2 | 4:13 | 0.0 | 4:09 | -0.1 | 5:41 | 8:25 |  |
| 15 | Wed | 11:04 | 4.0 | 11:28 | 5.1 | 4:58 | -0.1 | 4:56 | -0.1 | 5:41 | 8:25 |  |
| 16 | Thu | 11:52 | 4.0 | | | 5:45 | -0.1 | 5:47 | 0.0 | 5:41 | 8:25 |  |
| 17 | Fri | 12:15 | 5.0 | 12:43 | 4.0 | 6:34 | -0.1 | 6:42 | 0.1 | 5:41 | 8:26 |  |
| 18 | Sat | 1:04 | 4.8 | 1:37 | 4.1 | 7:25 | -0.1 | 7:41 | 0.2 | 5:41 | 8:26 |  |
| 19 | Sun | 1:57 | 4.5 | 2:35 | 4.2 | 8:18 | -0.1 | 8:43 | 0.3 | 5:42 | 8:26 |  |
| 20 | Mon | 2:55 | 4.2 | 3:37 | 4.3 | 9:12 | -0.1 | 9:47 | 0.3 | 5:42 | 8:26 |  |
| 21 | Tue | 3:56 | 4.0 | 4:40 | 4.5 | 10:07 | -0.2 | 10:52 | 0.2 | 5:42 | 8:27 |  |
| 22 | Wed | 4:57 | 3.8 | 5:40 | 4.7 | 11:03 | -0.3 | 11:57 | 0.1 | 5:42 | 8:27 |  |
| 23 | Thu | 5:57 | 3.7 | 6:37 | 4.9 | | | 12:00 | -0.4 | 5:43 | 8:27 |  |
| 24 | Fri | 6:54 | 3.7 | 7:30 | 5.1 | 12:58 | -0.1 | 12:55 | -0.5 | 5:43 | 8:27 |  |
| 25 | Sat | 7:48 | 3.7 | 8:21 | 5.1 | 1:54 | -0.2 | 1:48 | -0.5 | 5:43 | 8:27 |  |
| 26 | Sun | 8:39 | 3.7 | 9:10 | 5.1 | 2:45 | -0.3 | 2:38 | -0.6 | 5:43 | 8:27 |  |
| 27 | Mon | 9:28 | 3.8 | 9:57 | 5.1 | 3:32 | -0.3 | 3:25 | -0.5 | 5:44 | 8:27 |  |
| 28 | Tue | 10:16 | 3.8 | 10:42 | 4.9 | 4:17 | -0.3 | 4:11 | -0.4 | 5:44 | 8:27 |  |
| 29 | Wed | 11:02 | 3.7 | 11:26 | 4.7 | 5:01 | -0.2 | 4:57 | -0.2 | 5:45 | 8:27 |  |
| 30 | Thu | 11:48 | 3.7 | | | 5:43 | 0.0 | 5:44 | 0.1 | 5:45 | 8:27 |  |