



## Great Machipongo Inlet, VA - Jan 2020

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 9:40  | 4.5 | 9:52  | 3.2 | 3:00  | -0.1 | 3:53  | 0.3  | 7:17  | 4:55 | ☉   |
| 2    | Mon | 10:20 | 4.4 | 10:33 | 3.2 | 3:39  | 0.0  | 4:33  | 0.3  | 7:17  | 4:56 | ☉   |
| 3    | Tue | 10:59 | 4.3 | 11:15 | 3.2 | 4:21  | 0.1  | 5:14  | 0.3  | 7:17  | 4:57 | ☾   |
| 4    | Wed | 11:39 | 4.1 |       |     | 5:06  | 0.2  | 5:56  | 0.4  | 7:17  | 4:57 | ☾   |
| 5    | Thu | 12:00 | 3.2 | 12:22 | 4.0 | 5:55  | 0.3  | 6:40  | 0.3  | 7:17  | 4:58 | ☾   |
| 6    | Fri | 12:48 | 3.3 | 1:09  | 3.8 | 6:50  | 0.4  | 7:27  | 0.3  | 7:17  | 4:59 | ☾   |
| 7    | Sat | 1:42  | 3.5 | 2:02  | 3.6 | 7:49  | 0.5  | 8:16  | 0.1  | 7:17  | 5:00 | ☾   |
| 8    | Sun | 2:41  | 3.8 | 3:00  | 3.4 | 8:52  | 0.4  | 9:08  | 0.0  | 7:17  | 5:01 | ☾   |
| 9    | Mon | 3:42  | 4.1 | 4:01  | 3.3 | 9:56  | 0.2  | 10:03 | -0.2 | 7:17  | 5:02 | ☾   |
| 10   | Tue | 4:42  | 4.5 | 5:01  | 3.3 | 11:01 | 0.0  | 11:00 | -0.5 | 7:17  | 5:03 | ☾   |
| 11   | Wed | 5:40  | 4.8 | 5:59  | 3.4 |       |      | 12:03 | -0.3 | 7:16  | 5:04 | ☾   |
| 12   | Thu | 6:37  | 5.1 | 6:55  | 3.5 |       |      | 1:02  | -0.5 | 7:16  | 5:05 | ☾   |
| 13   | Fri | 7:33  | 5.3 | 7:50  | 3.6 | 12:54 | -1.1 | 1:56  | -0.7 | 7:16  | 5:06 | ☾   |
| 14   | Sat | 8:27  | 5.4 | 8:44  | 3.7 | 1:48  | -1.3 | 2:48  | -0.8 | 7:16  | 5:07 | ☾   |
| 15   | Sun | 9:20  | 5.3 | 9:38  | 3.7 | 2:42  | -1.3 | 3:39  | -0.9 | 7:15  | 5:08 | ☾   |
| 16   | Mon | 10:11 | 5.1 | 10:30 | 3.7 | 3:35  | -1.2 | 4:29  | -0.8 | 7:15  | 5:09 | ☾   |
| 17   | Tue | 11:01 | 4.8 | 11:23 | 3.7 | 4:29  | -1.0 | 5:19  | -0.7 | 7:15  | 5:10 | ☾   |
| 18   | Wed | 11:49 | 4.3 |       |     | 5:24  | -0.7 | 6:08  | -0.5 | 7:14  | 5:11 | ☾   |
| 19   | Thu | 12:15 | 3.6 | 12:38 | 3.9 | 6:22  | -0.3 | 6:57  | -0.3 | 7:14  | 5:12 | ☾   |
| 20   | Fri | 1:10  | 3.5 | 1:29  | 3.4 | 7:21  | 0.0  | 7:46  | -0.1 | 7:13  | 5:13 | ☾   |
| 21   | Sat | 2:07  | 3.5 | 2:23  | 3.0 | 8:22  | 0.3  | 8:35  | 0.1  | 7:13  | 5:14 | ☾   |
| 22   | Sun | 3:07  | 3.5 | 3:20  | 2.8 | 9:24  | 0.5  | 9:24  | 0.2  | 7:12  | 5:15 | ☾   |
| 23   | Mon | 4:06  | 3.5 | 4:17  | 2.7 | 10:28 | 0.6  | 10:14 | 0.2  | 7:12  | 5:16 | ☾   |
| 24   | Tue | 5:00  | 3.7 | 5:10  | 2.7 | 11:27 | 0.6  | 11:04 | 0.2  | 7:11  | 5:17 | ☾   |
| 25   | Wed | 5:49  | 3.8 | 5:57  | 2.7 |       |      | 12:17 | 0.5  | 7:11  | 5:18 | ☉   |
| 26   | Thu | 6:34  | 4.0 | 6:42  | 2.9 |       |      | 1:00  | 0.4  | 7:10  | 5:20 | ☉   |
| 27   | Fri | 7:17  | 4.1 | 7:25  | 3.0 | 12:38 | -0.1 | 1:38  | 0.3  | 7:09  | 5:21 | ☉   |
| 28   | Sat | 7:58  | 4.3 | 8:07  | 3.2 | 1:20  | -0.2 | 2:14  | 0.2  | 7:09  | 5:22 | ☉   |
| 29   | Sun | 8:38  | 4.4 | 8:48  | 3.3 | 2:00  | -0.3 | 2:50  | 0.1  | 7:08  | 5:23 | ☉   |
| 30   | Mon | 9:17  | 4.4 | 9:28  | 3.4 | 2:40  | -0.3 | 3:26  | 0.0  | 7:07  | 5:24 | ☉   |
| 31   | Tue | 9:55  | 4.4 | 10:09 | 3.5 | 3:20  | -0.3 | 4:03  | 0.0  | 7:06  | 5:25 | ☉   |