



Great Machipongo Inlet, VA - Mar 2020

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 10:07 | 4.3 | 10:24 | 4.2 | 3:43 | -0.4 | 4:08 | -0.2 | 6:32 | 5:57 | ☉ |
| 2 | Fri | 10:47 | 4.1 | 11:07 | 4.3 | 4:28 | -0.3 | 4:48 | -0.1 | 6:31 | 5:58 | ☉ |
| 3 | Sat | 11:29 | 3.9 | 11:54 | 4.3 | 5:17 | -0.2 | 5:31 | -0.1 | 6:29 | 5:59 | ☾ |
| 4 | Sun | | | 12:15 | 3.6 | 6:11 | 0.0 | 6:20 | 0.0 | 6:28 | 6:00 | ☾ |
| 5 | Mon | 12:47 | 4.3 | 1:08 | 3.3 | 7:10 | 0.2 | 7:14 | 0.1 | 6:27 | 6:01 | ☾ |
| 6 | Tue | 1:47 | 4.3 | 2:10 | 3.1 | 8:14 | 0.3 | 8:15 | 0.1 | 6:25 | 6:02 | ☾ |
| 7 | Wed | 2:55 | 4.3 | 3:19 | 3.0 | 9:22 | 0.4 | 9:20 | 0.0 | 6:24 | 6:03 | ☾ |
| 8 | Thu | 4:06 | 4.4 | 4:28 | 3.1 | 10:30 | 0.3 | 10:27 | -0.2 | 6:22 | 6:04 | ☾ |
| 9 | Fri | 5:12 | 4.5 | 5:32 | 3.3 | 11:35 | 0.1 | 11:32 | -0.5 | 6:21 | 6:04 | ☾ |
| 10 | Sat | 6:12 | 4.7 | 6:29 | 3.6 | | | 12:32 | -0.2 | 6:19 | 6:05 | ☾ |
| 11 | Sun | 8:05 | 4.8 | 8:22 | 3.9 | 12:32 | -0.7 | 2:21 | -0.4 | 7:18 | 7:06 | ☾ |
| 12 | Mon | 8:55 | 4.8 | 9:11 | 4.2 | 2:26 | -0.9 | 3:06 | -0.6 | 7:16 | 7:07 | ☾ |
| 13 | Tue | 9:41 | 4.7 | 9:58 | 4.4 | 3:17 | -1.0 | 3:48 | -0.7 | 7:15 | 7:08 | ☾ |
| 14 | Wed | 10:25 | 4.5 | 10:42 | 4.4 | 4:05 | -1.0 | 4:28 | -0.6 | 7:13 | 7:09 | ☾ |
| 15 | Thu | 11:07 | 4.2 | 11:26 | 4.4 | 4:51 | -0.8 | 5:08 | -0.4 | 7:12 | 7:10 | ☾ |
| 16 | Fri | 11:49 | 3.8 | | | 5:38 | -0.5 | 5:48 | -0.2 | 7:10 | 7:11 | ☾ |
| 17 | Sat | 12:09 | 4.3 | 12:30 | 3.5 | 6:25 | -0.1 | 6:29 | 0.1 | 7:09 | 7:12 | ☾ |
| 18 | Sun | 12:53 | 4.1 | 1:14 | 3.2 | 7:14 | 0.3 | 7:14 | 0.4 | 7:07 | 7:13 | ☾ |
| 19 | Mon | 1:40 | 3.9 | 2:01 | 2.9 | 8:06 | 0.6 | 8:02 | 0.6 | 7:06 | 7:14 | ☾ |
| 20 | Tue | 2:33 | 3.7 | 2:55 | 2.7 | 9:01 | 0.9 | 8:55 | 0.8 | 7:04 | 7:15 | ☾ |
| 21 | Wed | 3:34 | 3.6 | 3:56 | 2.7 | 9:59 | 1.0 | 9:52 | 0.8 | 7:03 | 7:16 | ☾ |
| 22 | Thu | 4:38 | 3.6 | 4:58 | 2.8 | 10:59 | 1.1 | 10:51 | 0.8 | 7:01 | 7:17 | ☾ |
| 23 | Fri | 5:38 | 3.7 | 5:54 | 3.0 | 11:55 | 1.0 | 11:48 | 0.6 | 7:00 | 7:17 | ☾ |
| 24 | Sat | 6:30 | 3.9 | 6:43 | 3.3 | | | 12:43 | 0.8 | 6:58 | 7:18 | ☾ |
| 25 | Sun | 7:15 | 4.1 | 7:28 | 3.6 | 12:40 | 0.4 | 1:25 | 0.6 | 6:57 | 7:19 | ☉ |
| 26 | Mon | 7:57 | 4.3 | 8:10 | 3.9 | 1:28 | 0.1 | 2:03 | 0.3 | 6:55 | 7:20 | ☉ |
| 27 | Tue | 8:38 | 4.4 | 8:52 | 4.3 | 2:13 | -0.1 | 2:41 | 0.1 | 6:54 | 7:21 | ☉ |
| 28 | Wed | 9:18 | 4.5 | 9:34 | 4.5 | 2:56 | -0.3 | 3:18 | -0.1 | 6:52 | 7:22 | ☉ |
| 29 | Thu | 9:59 | 4.4 | 10:16 | 4.8 | 3:40 | -0.4 | 3:56 | -0.2 | 6:51 | 7:23 | ☉ |
| 30 | Fri | 10:41 | 4.3 | 11:00 | 4.9 | 4:25 | -0.5 | 4:36 | -0.3 | 6:49 | 7:24 | ☉ |
| 31 | Sat | 11:24 | 4.1 | 11:46 | 4.9 | 5:13 | -0.4 | 5:19 | -0.2 | 6:48 | 7:25 | ☉ |