


































Great Machipongo Inlet, VA - May 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 2:00 | 4.1 | 2:24 | 3.0 | 8:27 | 1.0 | 8:20 | 0.9 | 6:07 | 7:52 |  |
| 2 | Sat | 2:56 | 4.1 | 3:25 | 3.2 | 9:21 | 0.9 | 9:22 | 0.8 | 6:06 | 7:53 |  |
| 3 | Sun | 3:56 | 4.1 | 4:27 | 3.5 | 10:14 | 0.8 | 10:25 | 0.6 | 6:05 | 7:54 |  |
| 4 | Mon | 4:55 | 4.2 | 5:25 | 3.9 | 11:06 | 0.5 | 11:28 | 0.3 | 6:04 | 7:55 |  |
| 5 | Tue | 5:51 | 4.2 | 6:19 | 4.5 | 11:57 | 0.2 | | | 6:03 | 7:56 |  |
| 6 | Wed | 6:44 | 4.3 | 7:11 | 5.0 | 12:29 | 0.0 | 12:46 | -0.2 | 6:02 | 7:56 |  |
| 7 | Thu | 7:35 | 4.3 | 8:02 | 5.4 | 1:26 | -0.3 | 1:35 | -0.5 | 6:01 | 7:57 |  |
| 8 | Fri | 8:26 | 4.3 | 8:53 | 5.7 | 2:22 | -0.6 | 2:23 | -0.7 | 6:00 | 7:58 |  |
| 9 | Sat | 9:17 | 4.1 | 9:45 | 5.8 | 3:15 | -0.7 | 3:11 | -0.8 | 5:59 | 7:59 |  |
| 10 | Sun | 10:09 | 4.0 | 10:37 | 5.7 | 4:08 | -0.7 | 4:01 | -0.7 | 5:58 | 8:00 |  |
| 11 | Mon | 11:02 | 3.8 | 11:31 | 5.5 | 5:02 | -0.6 | 4:53 | -0.6 | 5:57 | 8:01 |  |
| 12 | Tue | 11:55 | 3.6 | | | 5:57 | -0.3 | 5:48 | -0.3 | 5:56 | 8:02 |  |
| 13 | Wed | 12:26 | 5.1 | 12:50 | 3.4 | 6:56 | 0.0 | 6:47 | 0.0 | 5:55 | 8:03 |  |
| 14 | Thu | 1:23 | 4.7 | 1:50 | 3.3 | 7:56 | 0.2 | 7:50 | 0.2 | 5:54 | 8:03 |  |
| 15 | Fri | 2:23 | 4.3 | 2:55 | 3.2 | 8:56 | 0.4 | 8:56 | 0.5 | 5:53 | 8:04 |  |
| 16 | Sat | 3:26 | 4.0 | 4:03 | 3.3 | 9:53 | 0.5 | 10:02 | 0.6 | 5:52 | 8:05 |  |
| 17 | Sun | 4:29 | 3.8 | 5:06 | 3.5 | 10:46 | 0.5 | 11:06 | 0.6 | 5:52 | 8:06 |  |
| 18 | Mon | 5:26 | 3.6 | 5:58 | 3.7 | 11:33 | 0.5 | | | 5:51 | 8:07 |  |
| 19 | Tue | 6:14 | 3.5 | 6:40 | 4.0 | 12:06 | 0.6 | 12:14 | 0.5 | 5:50 | 8:08 |  |
| 20 | Wed | 6:56 | 3.4 | 7:19 | 4.2 | 12:58 | 0.5 | 12:52 | 0.4 | 5:49 | 8:09 |  |
| 21 | Thu | 7:36 | 3.4 | 7:58 | 4.4 | 1:42 | 0.4 | 1:29 | 0.4 | 5:49 | 8:09 |  |
| 22 | Fri | 8:16 | 3.4 | 8:36 | 4.6 | 2:22 | 0.3 | 2:06 | 0.3 | 5:48 | 8:10 |  |
| 23 | Sat | 8:55 | 3.4 | 9:16 | 4.7 | 3:00 | 0.3 | 2:43 | 0.3 | 5:47 | 8:11 |  |
| 24 | Sun | 9:36 | 3.4 | 9:56 | 4.7 | 3:37 | 0.3 | 3:20 | 0.3 | 5:47 | 8:12 |  |
| 25 | Mon | 10:16 | 3.3 | 10:37 | 4.7 | 4:16 | 0.4 | 3:59 | 0.4 | 5:46 | 8:12 |  |
| 26 | Tue | 10:57 | 3.3 | 11:19 | 4.6 | 4:56 | 0.5 | 4:39 | 0.5 | 5:46 | 8:13 |  |
| 27 | Wed | 11:38 | 3.3 | | | 5:38 | 0.6 | 5:21 | 0.6 | 5:45 | 8:14 |  |
| 28 | Thu | 12:01 | 4.6 | 12:21 | 3.2 | 6:22 | 0.7 | 6:07 | 0.7 | 5:45 | 8:15 |  |
| 29 | Fri | 12:45 | 4.5 | 1:08 | 3.2 | 7:10 | 0.7 | 6:59 | 0.7 | 5:44 | 8:15 |  |
| 30 | Sat | 1:32 | 4.3 | 2:00 | 3.3 | 7:58 | 0.7 | 7:57 | 0.8 | 5:44 | 8:16 |  |
| 31 | Sun | 2:24 | 4.2 | 2:57 | 3.5 | 8:47 | 0.6 | 8:58 | 0.7 | 5:43 | 8:17 |  |