

































Great Machipongo Inlet, VA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:31	3.3	6:16	5.0	11:28	0.0			6:07	8:11	
2	Sun	6:33	3.4	7:15	5.2	12:46	0.4	12:30	-0.1	6:08	8:10	
3	Mon	7:31	3.5	8:11	5.3	1:45	0.2	1:29	-0.3	6:09	8:09	
4	Tue	8:26	3.7	9:02	5.3	2:37	0.0	2:24	-0.4	6:09	8:08	
5	Wed	9:17	3.9	9:50	5.2	3:23	-0.1	3:15	-0.5	6:10	8:07	
6	Thu	10:06	4.0	10:35	5.0	4:07	-0.1	4:04	-0.4	6:11	8:05	
7	Fri	10:53	4.1	11:17	4.7	4:48	-0.1	4:51	-0.2	6:12	8:04	
8	Sat	11:37	4.1	11:58	4.4	5:28	0.1	5:39	0.1	6:13	8:03	
9	Sun			12:21	4.1	6:08	0.2	6:28	0.4	6:14	8:02	
10	Mon	12:39	4.0	1:06	4.1	6:47	0.4	7:18	0.7	6:14	8:01	
11	Tue	1:22	3.6	1:53	4.0	7:28	0.7	8:11	1.0	6:15	8:00	
12	Wed	2:07	3.3	2:44	4.0	8:12	0.9	9:06	1.2	6:16	7:59	
13	Thu	2:58	3.1	3:40	4.0	8:59	1.0	10:04	1.4	6:17	7:57	
14	Fri	3:56	3.0	4:40	4.0	9:50	1.1	11:03	1.4	6:18	7:56	
15	Sat	4:55	3.0	5:38	4.2	10:45	1.0			6:19	7:55	
16	Sun	5:51	3.1	6:30	4.4	12:01	1.3	11:40 AM	0.9	6:20	7:54	
17	Mon	6:42	3.3	7:18	4.6	12:53	1.2	12:33	0.7	6:20	7:52	
18	Tue	7:30	3.5	8:02	4.9	1:38	0.9	1:23	0.4	6:21	7:51	
19	Wed	8:15	3.8	8:45	5.1	2:19	0.7	2:09	0.2	6:22	7:50	
20	Thu	8:59	4.1	9:27	5.2	2:58	0.4	2:55	0.0	6:23	7:49	
21	Fri	9:43	4.3	10:08	5.1	3:36	0.2	3:40	-0.1	6:24	7:47	
22	Sat	10:28	4.6	10:50	5.0	4:15	0.1	4:27	-0.1	6:25	7:46	
23	Sun	11:13	4.8	11:33	4.8	4:55	0.0	5:16	0.0	6:25	7:45	
24	Mon	11:59	4.9			5:38	0.0	6:09	0.2	6:26	7:43	
25	Tue	12:19	4.4	12:49	5.0	6:23	0.1	7:06	0.4	6:27	7:42	
26	Wed	1:07	4.0	1:43	4.9	7:12	0.2	8:07	0.6	6:28	7:40	
27	Thu	2:01	3.7	2:44	4.8	8:07	0.3	9:13	0.8	6:29	7:39	
28	Fri	3:03	3.4	3:52	4.8	9:07	0.4	10:23	0.8	6:30	7:38	
29	Sat	4:13	3.2	5:03	4.8	10:12	0.4	11:33	0.8	6:30	7:36	
30	Sun	5:23	3.3	6:09	4.9	11:18	0.3			6:31	7:35	
31	Mon	6:27	3.5	7:07	5.0	12:38	0.6	12:22	0.2	6:32	7:33	