

































## Great Machipongo Inlet, VA - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:31	3.6	1:58	4.2	7:35	0.3	8:19	0.1	6:58	4:45	
2	Sat	2:37	3.8	3:00	4.0	8:43	0.3	9:13	0.0	6:59	4:45	
3	Sun	3:42	4.1	4:01	3.7	9:50	0.3	10:06	-0.1	7:00	4:44	
4	Mon	4:42	4.4	4:58	3.6	10:56	0.2	10:58	-0.2	7:01	4:44	
5	Tue	5:36	4.7	5:51	3.5	11:58	0.0	11:49	-0.3	7:02	4:44	
6	Wed	6:26	4.9	6:41	3.4			12:52	-0.1	7:03	4:44	
7	Thu	7:14	5.0	7:28	3.4	12:37	-0.4	1:42	-0.2	7:04	4:44	
8	Fri	8:00	5.0	8:14	3.3	1:24	-0.4	2:27	-0.1	7:05	4:44	
9	Sat	8:46	4.9	8:59	3.3	2:08	-0.4	3:10	-0.1	7:05	4:44	
10	Sun	9:30	4.8	9:43	3.2	2:52	-0.3	3:52	0.1	7:06	4:45	
11	Mon	10:14	4.6	10:27	3.2	3:35	-0.2	4:35	0.2	7:07	4:45	
12	Tue	10:56	4.4	11:12	3.1	4:19	0.0	5:17	0.4	7:08	4:45	
13	Wed	11:39	4.1	11:58	3.1	5:04	0.3	6:00	0.5	7:08	4:45	
14	Thu			12:22	3.9	5:53	0.5	6:43	0.6	7:09	4:45	
15	Fri	12:46	3.1	1:08	3.6	6:45	0.7	7:26	0.7	7:10	4:46	
16	Sat	1:38	3.2	1:56	3.4	7:39	0.9	8:09	0.7	7:10	4:46	
17	Sun	2:33	3.3	2:48	3.2	8:35	0.9	8:54	0.6	7:11	4:46	
18	Mon	3:27	3.6	3:41	3.2	9:32	0.9	9:40	0.5	7:12	4:47	
19	Tue	4:20	3.9	4:33	3.1	10:29	0.8	10:28	0.3	7:12	4:47	
20	Wed	5:10	4.2	5:24	3.2	11:25	0.6	11:17	0.1	7:13	4:48	
21	Thu	5:59	4.5	6:13	3.3			12:18	0.4	7:13	4:48	
22	Fri	6:47	4.8	7:02	3.4	12:07	-0.1	1:08	0.1	7:14	4:49	
23	Sat	7:36	5.1	7:51	3.5	12:57	-0.4	1:57	-0.1	7:14	4:49	
24	Sun	8:26	5.2	8:41	3.6	1:46	-0.6	2:45	-0.3	7:14	4:50	
25	Mon	9:15	5.3	9:32	3.7	2:35	-0.8	3:33	-0.4	7:15	4:50	
26	Tue	10:05	5.2	10:24	3.7	3:26	-0.8	4:22	-0.4	7:15	4:51	
27	Wed	10:54	5.0	11:17	3.8	4:20	-0.7	5:13	-0.4	7:16	4:52	
28	Thu	11:45	4.7			5:17	-0.5	6:04	-0.4	7:16	4:52	
29	Fri	12:12	3.8	12:37	4.3	6:17	-0.3	6:56	-0.4	7:16	4:53	
30	Sat	1:11	3.9	1:32	3.8	7:21	-0.1	7:48	-0.3	7:16	4:54	
31	Sun	2:14	3.9	2:32	3.4	8:27	0.1	8:39	-0.3	7:16	4:55	