

































Great Machipongo Inlet, VA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:34	3.7	3:50	2.6	10:05	0.6	9:49	0.2	6:33	5:56	
2	Fri	4:45	3.7	4:55	2.7	11:12	0.6	10:52	0.2	6:31	5:57	
3	Sat	5:42	3.8	5:47	2.9			12:06	0.5	6:30	5:58	
4	Sun	6:27	3.9	6:31	3.1			12:46	0.4	6:29	5:59	
5	Mon	7:06	4.0	7:11	3.4	12:35	-0.1	1:19	0.3	6:27	6:00	
6	Tue	7:42	4.0	7:50	3.7	1:16	-0.2	1:49	0.2	6:26	6:01	
7	Wed	8:17	4.1	8:28	3.9	1:54	-0.2	2:19	0.1	6:24	6:02	
8	Thu	8:53	4.0	9:05	4.0	2:32	-0.3	2:51	0.0	6:23	6:03	
9	Fri	9:28	3.9	9:43	4.1	3:09	-0.2	3:23	0.1	6:21	6:04	
10	Sat	10:04	3.8	10:20	4.2	3:47	-0.1	3:56	0.1	6:20	6:05	
11	Sun	11:40	3.6	11:58	4.2	5:27	0.1	5:31	0.3	7:19	7:06	
12	Mon			12:17	3.4	6:10	0.3	6:10	0.4	7:17	7:07	
13	Tue	12:40	4.1	12:58	3.2	6:57	0.5	6:54	0.5	7:16	7:08	
14	Wed	1:27	4.1	1:44	3.0	7:50	0.7	7:46	0.5	7:14	7:09	
15	Thu	2:22	4.0	2:42	3.0	8:48	0.8	8:45	0.5	7:13	7:10	
16	Fri	3:27	4.1	3:48	3.0	9:51	0.8	9:50	0.3	7:11	7:11	
17	Sat	4:34	4.2	4:56	3.2	10:54	0.6	10:56	0.1	7:10	7:12	
18	Sun	5:38	4.4	5:59	3.6	11:54	0.3			7:08	7:12	
19	Mon	6:36	4.6	6:56	4.0	12:01	-0.3	12:50	-0.1	7:07	7:13	
20	Tue	7:30	4.8	7:50	4.5	1:02	-0.6	1:40	-0.5	7:05	7:14	
21	Wed	8:21	4.8	8:42	4.9	1:59	-1.0	2:28	-0.8	7:04	7:15	
22	Thu	9:11	4.8	9:33	5.2	2:53	-1.2	3:13	-1.0	7:02	7:16	
23	Fri	9:59	4.6	10:22	5.3	3:46	-1.2	3:59	-1.0	7:01	7:17	
24	Sat	10:48	4.3	11:12	5.2	4:38	-1.1	4:45	-0.9	6:59	7:18	
25	Sun	11:36	4.0			5:30	-0.8	5:32	-0.7	6:58	7:19	
26	Mon	12:02	5.0	12:24	3.6	6:24	-0.4	6:23	-0.3	6:56	7:20	
27	Tue	12:54	4.6	1:15	3.3	7:21	0.0	7:17	0.0	6:55	7:21	
28	Wed	1:50	4.3	2:11	3.0	8:22	0.4	8:16	0.3	6:53	7:22	
29	Thu	2:52	3.9	3:14	2.8	9:26	0.7	9:18	0.5	6:52	7:22	
30	Fri	4:01	3.7	4:23	2.8	10:31	0.8	10:22	0.6	6:50	7:23	
31	Sat	5:09	3.7	5:27	3.0	11:32	0.8	11:25	0.5	6:49	7:24	