US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:27**	4.5	**5:47**	3.6	**11:45**	-0.2	**11:52**	-0.7	6:32	5:57	
2	Sun	**6:24**	4.6	**6:42**	3.9			**12:40**	-0.5	6:31	5:58	
3	Mon	**7:16**	4.7	**7:34**	4.1	**12:49**	-1.0	**1:30**	-0.7	6:30	5:59	
4	Tue	**8:05**	4.7	**8:23**	4.3	**1:41**	-1.1	**2:15**	-0.8	6:28	6:00	
5	Wed	**8:51**	4.6	**9:09**	4.3	**2:30**	-1.1	**2:58**	-0.8	6:27	6:01	
6	Thu	**9:35**	4.4	**9:54**	4.3	**3:16**	-1.0	**3:40**	-0.7	6:25	6:01	
7	Fri	**10:18**	4.2	**10:38**	4.2	**4:02**	-0.8	**4:21**	-0.5	6:24	6:02	
8	Sat	**11:00**	3.9	**11:22**	4.1	**4:48**	-0.5	**5:03**	-0.3	6:22	6:03	
9	Sun			**12:43**	3.6	**6:35**	-0.1	**6:47**	0.0	7:21	7:04	
10	Mon	**1:07**	3.9	**1:28**	3.3	**7:24**	0.2	**7:33**	0.3	7:20	7:05	
11	Tue	**1:56**	3.7	**2:16**	3.1	**8:15**	0.5	**8:22**	0.5	7:18	7:06	
12	Wed	**2:49**	3.6	**3:11**	2.9	**9:09**	0.8	**9:14**	0.6	7:17	7:07	
13	Thu	**3:48**	3.5	**4:09**	2.9	**10:05**	0.9	**10:09**	0.7	7:15	7:08	
14	Fri	**4:49**	3.6	**5:08**	3.0	**11:01**	0.9	**11:05**	0.6	7:14	7:09	
15	Sat	**5:45**	3.7	**6:02**	3.2	**11:55**	0.8			7:12	7:10	
16	Sun	**6:35**	3.9	**6:50**	3.5	**12:00**	0.4	**12:43**	0.6	7:11	7:11	
17	Mon	**7:20**	4.2	**7:35**	3.8	**12:50**	0.2	**1:27**	0.4	7:09	7:12	
18	Tue	**8:04**	4.4	**8:19**	4.1	**1:38**	-0.1	**2:09**	0.1	7:08	7:13	
19	Wed	**8:46**	4.5	**9:02**	4.4	**2:23**	-0.3	**2:49**	-0.1	7:06	7:14	
20	Thu	**9:28**	4.6	**9:46**	4.7	**3:07**	-0.5	**3:29**	-0.3	7:05	7:15	
21	Fri	**10:11**	4.6	**10:30**	4.8	**3:52**	-0.6	**4:10**	-0.4	7:03	7:15	
22	Sat	**10:55**	4.5	**11:16**	4.9	**4:38**	-0.6	**4:53**	-0.4	7:02	7:16	
23	Sun	**11:40**	4.3			**5:27**	-0.5	**5:39**	-0.4	7:00	7:17	
24	Mon	**12:03**	4.9	**12:27**	4.0	**6:19**	-0.3	**6:29**	-0.3	6:59	7:18	
25	Tue	**12:55**	4.8	**1:19**	3.8	**7:15**	-0.1	**7:24**	-0.1	6:57	7:19	
26	Wed	**1:51**	4.6	**2:17**	3.6	**8:15**	0.1	**8:24**	0.0	6:56	7:20	
27	Thu	**2:53**	4.4	**3:21**	3.4	**9:18**	0.2	**9:28**	0.0	6:54	7:21	
28	Fri	**4:01**	4.3	**4:30**	3.4	**10:23**	0.2	**10:33**	0.0	6:53	7:22	
29	Sat	**5:09**	4.3	**5:36**	3.6	**11:27**	0.1	**11:39**	-0.2	6:51	7:23	
30	Sun	**6:11**	4.3	**6:36**	3.8			**12:26**	-0.1	6:50	7:24	
31	Mon	**7:07**	4.4	**7:28**	4.1	**12:41**	-0.4	**1:19**	-0.3	6:48	7:24	