


































Great Machipongo Inlet, VA - Mar 2053

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 5:27 | 4.5 | 5:47 | 3.6 | 11:45 | -0.2 | 11:52 | -0.7 | 6:32 | 5:57 |  |
| 2 | Sun | 6:24 | 4.6 | 6:42 | 3.9 | | | 12:40 | -0.5 | 6:31 | 5:58 |  |
| 3 | Mon | 7:16 | 4.7 | 7:34 | 4.1 | 12:49 | -1.0 | 1:30 | -0.7 | 6:30 | 5:59 |  |
| 4 | Tue | 8:05 | 4.7 | 8:23 | 4.3 | 1:41 | -1.1 | 2:15 | -0.8 | 6:28 | 6:00 |  |
| 5 | Wed | 8:51 | 4.6 | 9:09 | 4.3 | 2:30 | -1.1 | 2:58 | -0.8 | 6:27 | 6:01 |  |
| 6 | Thu | 9:35 | 4.4 | 9:54 | 4.3 | 3:16 | -1.0 | 3:40 | -0.7 | 6:25 | 6:01 |  |
| 7 | Fri | 10:18 | 4.2 | 10:38 | 4.2 | 4:02 | -0.8 | 4:21 | -0.5 | 6:24 | 6:02 |  |
| 8 | Sat | 11:00 | 3.9 | 11:22 | 4.1 | 4:48 | -0.5 | 5:03 | -0.3 | 6:22 | 6:03 |  |
| 9 | Sun | | | 12:43 | 3.6 | 6:35 | -0.1 | 6:47 | 0.0 | 7:21 | 7:04 |  |
| 10 | Mon | 1:07 | 3.9 | 1:28 | 3.3 | 7:24 | 0.2 | 7:33 | 0.3 | 7:20 | 7:05 |  |
| 11 | Tue | 1:56 | 3.7 | 2:16 | 3.1 | 8:15 | 0.5 | 8:22 | 0.5 | 7:18 | 7:06 |  |
| 12 | Wed | 2:49 | 3.6 | 3:11 | 2.9 | 9:09 | 0.8 | 9:14 | 0.6 | 7:17 | 7:07 |  |
| 13 | Thu | 3:48 | 3.5 | 4:09 | 2.9 | 10:05 | 0.9 | 10:09 | 0.7 | 7:15 | 7:08 |  |
| 14 | Fri | 4:49 | 3.6 | 5:08 | 3.0 | 11:01 | 0.9 | 11:05 | 0.6 | 7:14 | 7:09 |  |
| 15 | Sat | 5:45 | 3.7 | 6:02 | 3.2 | 11:55 | 0.8 | | | 7:12 | 7:10 |  |
| 16 | Sun | 6:35 | 3.9 | 6:50 | 3.5 | 12:00 | 0.4 | 12:43 | 0.6 | 7:11 | 7:11 |  |
| 17 | Mon | 7:20 | 4.2 | 7:35 | 3.8 | 12:50 | 0.2 | 1:27 | 0.4 | 7:09 | 7:12 |  |
| 18 | Tue | 8:04 | 4.4 | 8:19 | 4.1 | 1:38 | -0.1 | 2:09 | 0.1 | 7:08 | 7:13 |  |
| 19 | Wed | 8:46 | 4.5 | 9:02 | 4.4 | 2:23 | -0.3 | 2:49 | -0.1 | 7:06 | 7:14 |  |
| 20 | Thu | 9:28 | 4.6 | 9:46 | 4.7 | 3:07 | -0.5 | 3:29 | -0.3 | 7:05 | 7:15 |  |
| 21 | Fri | 10:11 | 4.6 | 10:30 | 4.8 | 3:52 | -0.6 | 4:10 | -0.4 | 7:03 | 7:15 |  |
| 22 | Sat | 10:55 | 4.5 | 11:16 | 4.9 | 4:38 | -0.6 | 4:53 | -0.4 | 7:02 | 7:16 |  |
| 23 | Sun | 11:40 | 4.3 | | | 5:27 | -0.5 | 5:39 | -0.4 | 7:00 | 7:17 |  |
| 24 | Mon | 12:03 | 4.9 | 12:27 | 4.0 | 6:19 | -0.3 | 6:29 | -0.3 | 6:59 | 7:18 |  |
| 25 | Tue | 12:55 | 4.8 | 1:19 | 3.8 | 7:15 | -0.1 | 7:24 | -0.1 | 6:57 | 7:19 |  |
| 26 | Wed | 1:51 | 4.6 | 2:17 | 3.6 | 8:15 | 0.1 | 8:24 | 0.0 | 6:56 | 7:20 |  |
| 27 | Thu | 2:53 | 4.4 | 3:21 | 3.4 | 9:18 | 0.2 | 9:28 | 0.0 | 6:54 | 7:21 |  |
| 28 | Fri | 4:01 | 4.3 | 4:30 | 3.4 | 10:23 | 0.2 | 10:33 | 0.0 | 6:53 | 7:22 |  |
| 29 | Sat | 5:09 | 4.3 | 5:36 | 3.6 | 11:27 | 0.1 | 11:39 | -0.2 | 6:51 | 7:23 |  |
| 30 | Sun | 6:11 | 4.3 | 6:36 | 3.8 | | | 12:26 | -0.1 | 6:50 | 7:24 |  |
| 31 | Mon | 7:07 | 4.4 | 7:28 | 4.1 | 12:41 | -0.4 | 1:19 | -0.3 | 6:48 | 7:24 |  |