US HARBORS www.USHarbors.com

Great Machipongo Inlet, VA - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:24	4.0	10:45	4.7	4:15	0.3	4:16	0.2	6:07	8:10	
2	Sat	11:05	4.1	11:24	4.7	4:52	0.3	4:58	0.3	6:08	8:09	
3	Sun	11:46	4.1			5:31	0.4	5:41	0.5	6:09	8:08	
4	Mon	12:03	4.5	12:28	4.2	6:11	0.4	6:29	0.6	6:10	8:07	
5	Tue	12:45	4.3	1:14	4.3	6:55	0.4	7:21	0.7	6:11	8:06	
6	Wed	1:30	4.1	2:05	4.4	7:42	0.4	8:18	0.8	6:12	8:05	
7	Thu	2:22	3.9	3:02	4.5	8:34	0.4	9:19	0.8	6:12	8:04	
8	Fri	3:21	3.8	4:05	4.7	9:29	0.3	10:22	0.7	6:13	8:03	
9	Sat	4:24	3.7	5:08	4.9	10:28	0.2	11:26	0.5	6:14	8:02	
10	Sun	5:28	3.8	6:08	5.2	11:30	-0.1			6:15	8:00	
11	Mon	6:29	4.0	7:06	5.4	12:28	0.2	12:30	-0.3	6:16	7:59	
12	Tue	7:26	4.2	8:01	5.5	1:26	-0.1	1:29	-0.6	6:17	7:58	
13	Wed	8:22	4.4	8:54	5.6	2:20	-0.4	2:25	-0.8	6:18	7:57	
14	Thu	9:15	4.6	9:45	5.5	3:10	-0.6	3:18	-0.9	6:18	7:56	
15	Fri	10:07	4.7	10:34	5.3	3:58	-0.7	4:10	-0.8	6:19	7:54	
16	Sat	10:58	4.8	11:22	5.0	4:45	-0.6	5:02	-0.6	6:20	7:53	
17	Sun	11:48	4.7			5:32	-0.4	5:55	-0.3	6:21	7:52	
18	Mon	12:09	4.6	12:37	4.6	6:19	-0.2	6:49	0.1	6:22	7:50	
19	Tue	12:57	4.2	1:28	4.4	7:08	0.1	7:44	0.5	6:23	7:49	
20	Wed	1:46	3.8	2:21	4.2	7:57	0.4	8:42	0.8	6:23	7:48	
21	Thu	2:38	3.5	3:18	4.1	8:48	0.6	9:41	1.0	6:24	7:46	
22	Fri	3:35	3.3	4:19	4.0	9:41	0.8	10:41	1.1	6:25	7:45	
23	Sat	4:35	3.2	5:17	4.1	10:34	0.8	11:39	1.1	6:26	7:44	
24	Sun	5:32	3.3	6:09	4.2	11:28	0.8			6:27	7:42	
25	Mon	6:22	3.4	6:55	4.4	12:30	1.0	12:19	0.7	6:28	7:41	
26	Tue	7:08	3.7	7:38	4.6	1:13	0.9	1:06	0.6	6:28	7:40	
27	Wed	7:51	3.9	8:18	4.7	1:52	0.7	1:50	0.4	6:29	7:38	
28	Thu	8:33	4.1	8:58	4.8	2:29	0.6	2:31	0.3	6:30	7:37	
29	Fri	9:14	4.3	9:37	4.9	3:05	0.4	3:12	0.2	6:31	7:35	
30	Sat	9:55	4.5	10:17	4.9	3:42	0.3	3:53	0.2	6:32	7:34	
31	Sun	10:36	4.6	10:56	4.8	4:19	0.3	4:36	0.3	6:33	7:32	