

Great Machipongo Inlet, VA - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:55	4.7	6:14	4.0			12:09	-0.3	6:32	5:57	
2	Fri	6:49	4.9	7:08	4.4	12:20	-0.9	1:01	-0.7	6:30	5:58	
3	Sat	7:41	5.0	8:01	4.7	1:16	-1.2	1:50	-1.0	6:29	5:59	
4	Sun	8:31	5.0	8:53	5.0	2:10	-1.4	2:37	-1.1	6:28	6:00	
5	Mon	9:20	4.8	9:43	5.0	3:02	-1.4	3:23	-1.2	6:26	6:01	
6	Tue	10:09	4.5	10:34	5.0	3:54	-1.2	4:11	-1.1	6:25	6:02	
7	Wed	10:58	4.1	11:25	4.8	4:48	-0.9	5:00	-0.8	6:23	6:03	
8	Thu	11:47	3.7			5:43	-0.5	5:52	-0.5	6:22	6:04	
9	Fri	12:18	4.4	12:39	3.4	6:41	-0.1	6:47	-0.2	6:20	6:05	
10	Sat	1:16	4.1	1:36	3.0	7:43	0.2	7:45	0.1	6:19	6:06	
11	Sun	3:19	3.8	3:40	2.9	9:47	0.5	9:46	0.2	7:17	7:07	
12	Mon	4:28	3.7	4:47	2.9	10:52	0.6	10:48	0.3	7:16	7:07	
13	Tue	5:33	3.6	5:47	3.0	11:53	0.6	11:48	0.3	7:15	7:08	
14	Wed	6:27	3.7	6:37	3.2			12:43	0.6	7:13	7:09	
15	Thu	7:11	3.8	7:21	3.4	12:42	0.2	1:23	0.4	7:12	7:10	
16	Fri	7:50	3.9	8:01	3.7	1:28	0.1	1:58	0.3	7:10	7:11	
17	Sat	8:28	4.0	8:40	4.0	2:09	-0.1	2:31	0.2	7:09	7:12	
18	Sun	9:05	4.0	9:19	4.2	2:47	-0.2	3:04	0.1	7:07	7:13	
19	Mon	9:42	4.0	9:57	4.3	3:25	-0.2	3:38	0.0	7:06	7:14	
20	Tue	10:19	4.0	10:35	4.4	4:03	-0.1	4:13	0.1	7:04	7:15	
21	Wed	10:57	3.9	11:14	4.4	4:42	0.0	4:49	0.1	7:03	7:16	
22	Thu	11:35	3.7	11:54	4.4	5:22	0.1	5:27	0.2	7:01	7:17	
23	Fri			12:14	3.6	6:06	0.3	6:08	0.3	7:00	7:18	
24	Sat	12:37	4.3	12:57	3.4	6:54	0.5	6:56	0.4	6:58	7:19	
25	Sun	1:26	4.3	1:47	3.3	7:48	0.6	7:50	0.4	6:57	7:19	
26	Mon	2:22	4.2	2:45	3.3	8:45	0.6	8:50	0.4	6:55	7:20	
27	Tue	3:24	4.2	3:50	3.4	9:46	0.6	9:54	0.2	6:54	7:21	
28	Wed	4:30	4.3	4:56	3.6	10:46	0.4	11:00	0.0	6:52	7:22	
29	Thu	5:32	4.4	5:58	4.0	11:45	0.1			6:51	7:23	
30	Fri	6:31	4.6	6:55	4.4	12:04	-0.3	12:41	-0.3	6:49	7:24	
31	Sat	7:25	4.7	7:49	4.8	1:05	-0.7	1:33	-0.6	6:48	7:25	