

Great Machipongo Inlet, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:17	3.6	3:31	3.0	9:25	0.8	9:29	0.4	7:16	4:55	
2	Fri	4:11	3.9	4:26	3.0	10:24	0.7	10:20	0.2	7:17	4:56	
3	Sat	5:04	4.2	5:19	3.1	11:22	0.5	11:13	0.0	7:17	4:57	
4	Sun	5:56	4.5	6:11	3.2			12:18	0.2	7:17	4:58	
5	Mon	6:47	4.9	7:02	3.3	12:06	-0.3	1:10	-0.1	7:17	4:59	
6	Tue	7:38	5.1	7:54	3.5	12:58	-0.6	2:00	-0.3	7:17	5:00	
7	Wed	8:29	5.3	8:45	3.6	1:49	-0.9	2:49	-0.5	7:17	5:01	
8	Thu	9:20	5.3	9:37	3.7	2:40	-1.0	3:37	-0.6	7:17	5:02	
9	Fri	10:10	5.2	10:29	3.8	3:32	-1.0	4:26	-0.7	7:17	5:02	
10	Sat	10:59	5.0	11:23	3.9	4:27	-0.9	5:16	-0.7	7:16	5:03	
11	Sun	11:49	4.6			5:24	-0.7	6:06	-0.6	7:16	5:04	
12	Mon	12:18	3.9	12:40	4.1	6:24	-0.4	6:57	-0.5	7:16	5:05	
13	Tue	1:16	3.9	1:35	3.6	7:28	-0.1	7:49	-0.4	7:16	5:06	
14	Wed	2:18	3.9	2:34	3.2	8:34	0.1	8:43	-0.3	7:15	5:07	
15	Thu	3:23	3.9	3:37	2.9	9:43	0.2	9:38	-0.2	7:15	5:08	
16	Fri	4:27	4.0	4:39	2.7	10:52	0.3	10:35	-0.1	7:15	5:09	
17	Sat	5:26	4.1	5:36	2.7	11:57	0.2	11:31	-0.2	7:14	5:11	
18	Sun	6:18	4.2	6:26	2.7			12:50	0.2	7:14	5:12	
19	Mon	7:06	4.2	7:12	2.8	12:23	-0.3	1:35	0.1	7:13	5:13	
20	Tue	7:49	4.3	7:55	3.0	1:09	-0.4	2:14	0.1	7:13	5:14	
21	Wed	8:30	4.3	8:37	3.1	1:52	-0.4	2:49	0.0	7:12	5:15	
22	Thu	9:10	4.3	9:18	3.2	2:32	-0.4	3:24	0.1	7:12	5:16	
23	Fri	9:47	4.2	9:58	3.3	3:12	-0.4	3:58	0.1	7:11	5:17	
24	Sat	10:24	4.1	10:38	3.3	3:52	-0.2	4:33	0.1	7:11	5:18	
25	Sun	11:01	3.9	11:18	3.4	4:32	0.0	5:08	0.2	7:10	5:19	
26	Mon	11:38	3.7	11:59	3.4	5:15	0.2	5:44	0.3	7:09	5:20	
27	Tue			12:17	3.4	6:02	0.4	6:23	0.4	7:09	5:21	
28	Wed	12:43	3.5	12:59	3.1	6:52	0.6	7:05	0.4	7:08	5:22	
29	Thu	1:33	3.5	1:48	2.9	7:47	0.7	7:52	0.4	7:07	5:24	
30	Fri	2:29	3.6	2:45	2.8	8:46	0.7	8:45	0.4	7:06	5:25	
31	Sat	3:30	3.8	3:47	2.8	9:48	0.7	9:43	0.2	7:06	5:26	