

Great Machipongo Inlet, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:08	3.3	8:42	5.0	2:25	0.1	2:02	-0.2	5:46	8:27	
2	Thu	8:57	3.3	9:29	4.9	3:12	0.1	2:50	-0.2	5:46	8:27	
3	Fri	9:43	3.3	10:14	4.8	3:55	0.1	3:35	-0.1	5:47	8:27	
4	Sat	10:28	3.4	10:57	4.7	4:37	0.2	4:19	0.0	5:47	8:27	
5	Sun	11:12	3.4	11:38	4.5	5:17	0.3	5:04	0.2	5:48	8:27	
6	Mon	11:56	3.4			5:57	0.4	5:49	0.4	5:48	8:26	
7	Tue	12:19	4.3	12:40	3.5	6:36	0.5	6:36	0.6	5:49	8:26	
8	Wed	12:59	4.0	1:25	3.5	7:15	0.6	7:25	0.8	5:50	8:26	
9	Thu	1:42	3.8	2:12	3.6	7:55	0.7	8:17	1.0	5:50	8:26	
10	Fri	2:27	3.5	3:03	3.7	8:36	0.8	9:11	1.1	5:51	8:25	
11	Sat	3:16	3.3	3:56	3.9	9:19	0.8	10:07	1.2	5:51	8:25	
12	Sun	4:09	3.2	4:50	4.1	10:06	0.8	11:04	1.1	5:52	8:24	
13	Mon	5:05	3.1	5:43	4.4	10:56	0.7			5:53	8:24	
14	Tue	5:59	3.2	6:35	4.6	12:02	1.0	11:48 AM	0.5	5:53	8:24	
15	Wed	6:51	3.3	7:26	4.9	12:57	0.8	12:42	0.3	5:54	8:23	
16	Thu	7:41	3.5	8:16	5.2	1:49	0.5	1:34	0.0	5:55	8:22	
17	Fri	8:32	3.6	9:05	5.4	2:38	0.2	2:26	-0.2	5:56	8:22	
18	Sat	9:23	3.8	9:55	5.5	3:26	0.0	3:16	-0.4	5:56	8:21	
19	Sun	10:14	4.0	10:43	5.5	4:12	-0.2	4:08	-0.5	5:57	8:21	
20	Mon	11:05	4.2	11:32	5.3	4:59	-0.3	5:01	-0.4	5:58	8:20	
21	Tue	11:57	4.4			5:46	-0.3	5:56	-0.3	5:59	8:19	
22	Wed	12:20	5.0	12:49	4.5	6:35	-0.3	6:55	-0.1	5:59	8:19	
23	Thu	1:10	4.5	1:45	4.5	7:24	-0.2	7:57	0.2	6:00	8:18	
24	Fri	2:03	4.1	2:44	4.5	8:15	-0.1	9:02	0.4	6:01	8:17	
25	Sat	3:00	3.6	3:47	4.5	9:08	0.0	10:09	0.6	6:02	8:16	
26	Sun	4:02	3.3	4:51	4.6	10:04	0.2	11:19	0.6	6:03	8:16	
27	Mon	5:07	3.1	5:54	4.6	11:02	0.2			6:03	8:15	
28	Tue	6:08	3.1	6:51	4.7	12:26	0.6	12:00	0.2	6:04	8:14	
29	Wed	7:03	3.1	7:42	4.7	1:25	0.5	12:57	0.2	6:05	8:13	
30	Thu	7:53	3.2	8:28	4.8	2:14	0.5	1:48	0.1	6:06	8:12	
31	Fri	8:39	3.4	9:11	4.8	2:56	0.4	2:34	0.0	6:07	8:11	