

Kiptopeke, VA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:53	2.9	1:30	3.2	7:13	0.0	8:00	0.2	6:09	8:11	
2	Mon	1:46	2.8	2:26	3.2	8:09	0.0	9:05	0.3	6:09	8:10	
3	Tue	2:44	2.6	3:29	3.1	9:08	0.1	10:13	0.4	6:10	8:09	
4	Wed	3:51	2.5	4:41	3.1	10:11	0.1	11:18	0.4	6:11	8:08	
5	Thu	5:06	2.5	5:50	3.2	11:15	0.2			6:12	8:07	
6	Fri	6:13	2.6	6:50	3.2	12:19	0.3	12:16	0.1	6:13	8:06	
7	Sat	7:11	2.7	7:43	3.2	1:16	0.3	1:16	0.1	6:14	8:05	
8	Sun	8:04	2.8	8:32	3.3	2:09	0.2	2:12	0.1	6:14	8:04	
9	Mon	8:53	2.9	9:16	3.2	2:56	0.1	3:02	0.1	6:15	8:03	
10	Tue	9:37	2.9	9:57	3.2	3:37	0.1	3:48	0.1	6:16	8:01	
11	Wed	10:18	3.0	10:35	3.1	4:15	0.1	4:30	0.2	6:17	8:00	
12	Thu	10:58	3.0	11:13	2.9	4:50	0.2	5:11	0.3	6:18	7:59	
13	Fri	11:37	3.0	11:52	2.8	5:25	0.2	5:53	0.4	6:19	7:58	
14	Sat			12:16	2.9	6:00	0.3	6:38	0.6	6:19	7:57	
15	Sun	12:32	2.7	12:56	2.9	6:37	0.4	7:26	0.7	6:20	7:55	
16	Mon	1:13	2.6	1:37	2.8	7:18	0.5	8:15	0.8	6:21	7:54	
17	Tue	1:55	2.4	2:21	2.8	8:02	0.6	9:08	0.9	6:22	7:53	
18	Wed	2:43	2.4	3:12	2.7	8:51	0.6	10:04	0.9	6:23	7:52	
19	Thu	3:39	2.3	4:12	2.7	9:45	0.6	11:01	0.8	6:24	7:50	
20	Fri	4:44	2.3	5:15	2.8	10:43	0.6	11:53	0.7	6:24	7:49	
21	Sat	5:45	2.4	6:10	3.0	11:39	0.5			6:25	7:48	
22	Sun	6:37	2.6	6:59	3.1	12:42	0.6	12:34	0.4	6:26	7:46	
23	Mon	7:26	2.8	7:46	3.2	1:29	0.4	1:28	0.3	6:27	7:45	
24	Tue	8:13	3.0	8:33	3.3	2:15	0.3	2:21	0.1	6:28	7:44	
25	Wed	9:00	3.2	9:19	3.4	2:59	0.1	3:11	0.0	6:29	7:42	
26	Thu	9:47	3.4	10:06	3.4	3:41	0.0	4:00	0.0	6:29	7:41	
27	Fri	10:34	3.5	10:54	3.3	4:23	-0.1	4:50	0.0	6:30	7:39	
28	Sat	11:24	3.5	11:45	3.2	5:08	-0.1	5:44	0.1	6:31	7:38	
29	Sun			12:17	3.5	5:56	0.0	6:44	0.2	6:32	7:37	
30	Mon	12:38	3.0	1:12	3.5	6:51	0.1	7:48	0.4	6:33	7:35	
31	Tue	1:33	2.9	2:10	3.4	7:50	0.2	8:53	0.5	6:34	7:34	