



























Kiptopeke, VA - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:28	2.4	3:05	2.8	8:46	0.4	9:39	0.6	6:08	8:12	
2	Thu	3:22	2.4	4:04	2.8	9:39	0.4	10:41	0.6	6:09	8:11	
3	Fri	4:26	2.4	5:06	3.0	10:37	0.3	11:41	0.5	6:10	8:10	
4	Sat	5:31	2.4	6:06	3.1	11:36	0.2			6:10	8:09	
5	Sun	6:31	2.6	7:03	3.3	12:40	0.3	12:35	0.1	6:11	8:08	
6	Mon	7:28	2.7	7:58	3.5	1:36	0.1	1:35	0.0	6:12	8:07	
7	Tue	8:23	2.9	8:52	3.6	2:31	0.0	2:33	-0.2	6:13	8:06	
8	Wed	9:17	3.1	9:45	3.6	3:21	-0.2	3:29	-0.2	6:14	8:04	
9	Thu	10:10	3.2	10:36	3.5	4:09	-0.2	4:23	-0.3	6:15	8:03	
10	Fri	11:04	3.3	11:29	3.4	4:57	-0.3	5:19	-0.2	6:15	8:02	
11	Sat	11:58	3.3			5:47	-0.2	6:18	0.0	6:16	8:01	
12	Sun	12:22	3.2	12:53	3.3	6:39	-0.1	7:21	0.1	6:17	8:00	
13	Mon	1:16	3.0	1:49	3.2	7:34	0.0	8:25	0.3	6:18	7:59	
14	Tue	2:10	2.8	2:46	3.1	8:29	0.1	9:28	0.4	6:19	7:58	
15	Wed	3:09	2.6	3:52	3.1	9:27	0.3	10:32	0.5	6:20	7:56	
16	Thu	4:18	2.5	5:02	3.0	10:25	0.4	11:32	0.5	6:20	7:55	
17	Fri	5:26	2.5	6:03	3.0	11:23	0.4			6:21	7:54	
18	Sat	6:23	2.5	6:53	3.0	12:27	0.5	12:17	0.4	6:22	7:53	
19	Sun	7:12	2.6	7:38	3.0	1:18	0.5	1:09	0.4	6:23	7:51	
20	Mon	7:57	2.7	8:19	3.1	2:04	0.5	1:57	0.4	6:24	7:50	
21	Tue	8:38	2.8	8:56	3.1	2:45	0.4	2:41	0.4	6:25	7:49	
22	Wed	9:16	2.8	9:30	3.1	3:21	0.4	3:20	0.4	6:25	7:47	
23	Thu	9:52	2.9	10:03	3.0	3:52	0.4	3:55	0.4	6:26	7:46	
24	Fri	10:26	2.9	10:37	3.0	4:21	0.4	4:30	0.4	6:27	7:45	
25	Sat	11:01	2.9	11:12	2.9	4:50	0.4	5:05	0.5	6:28	7:43	
26	Sun	11:37	3.0	11:49	2.8	5:20	0.4	5:43	0.6	6:29	7:42	
27	Mon			12:15	3.0	5:54	0.5	6:26	0.7	6:30	7:40	
28	Tue	12:28	2.7	12:56	3.0	6:34	0.5	7:15	0.7	6:30	7:39	
29	Wed	1:11	2.7	1:40	3.0	7:19	0.5	8:08	0.8	6:31	7:38	
30	Thu	1:57	2.6	2:29	3.0	8:10	0.6	9:07	0.7	6:32	7:36	
31	Fri	2:51	2.5	3:28	3.1	9:07	0.5	10:12	0.7	6:33	7:35	