






























Kiptopeke, VA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:01	2.1	4:49	2.7	10:15	0.3	11:21	0.5	5:47	8:28	
2	Mon	5:03	2.0	5:42	2.7	11:01	0.4			5:47	8:28	
3	Tue	5:58	2.0	6:29	2.8	12:13	0.5	11:47 AM	0.4	5:48	8:27	
4	Wed	6:47	2.1	7:13	2.8	1:03	0.5	12:34	0.4	5:48	8:27	
5	Thu	7:32	2.1	7:55	2.8	1:50	0.4	1:21	0.3	5:49	8:27	
6	Fri	8:15	2.2	8:36	2.9	2:33	0.4	2:07	0.3	5:49	8:27	
7	Sat	8:57	2.3	9:15	2.9	3:11	0.3	2:50	0.2	5:50	8:27	
8	Sun	9:36	2.3	9:53	2.9	3:47	0.2	3:31	0.2	5:51	8:26	
9	Mon	10:15	2.4	10:30	3.0	4:20	0.2	4:10	0.2	5:51	8:26	
10	Tue	10:55	2.5	11:10	2.9	4:54	0.1	4:51	0.2	5:52	8:26	
11	Wed	11:37	2.6	11:51	2.9	5:30	0.1	5:36	0.3	5:52	8:25	
12	Thu			12:20	2.7	6:10	0.1	6:28	0.3	5:53	8:25	
13	Fri	12:35	2.8	1:06	2.8	6:53	0.1	7:25	0.3	5:54	8:25	
14	Sat	1:22	2.7	1:55	2.9	7:40	0.1	8:27	0.4	5:54	8:24	
15	Sun	2:12	2.5	2:49	3.0	8:30	0.1	9:33	0.4	5:55	8:24	
16	Mon	3:10	2.4	3:51	3.0	9:25	0.1	10:42	0.4	5:56	8:23	
17	Tue	4:18	2.3	5:00	3.1	10:26	0.1	11:48	0.3	5:57	8:23	
18	Wed	5:29	2.3	6:08	3.2	11:29	0.0			5:57	8:22	
19	Thu	6:35	2.4	7:10	3.3	12:52	0.2	12:32	0.0	5:58	8:21	
20	Fri	7:35	2.5	8:08	3.3	1:52	0.1	1:36	-0.1	5:59	8:21	
21	Sat	8:33	2.7	9:03	3.3	2:47	0.0	2:36	-0.2	5:59	8:20	
22	Sun	9:27	2.8	9:53	3.3	3:36	0.0	3:31	-0.2	6:00	8:19	
23	Mon	10:17	2.9	10:40	3.2	4:21	-0.1	4:22	-0.1	6:01	8:19	
24	Tue	11:06	2.9	11:25	3.0	5:03	0.0	5:12	0.0	6:02	8:18	
25	Wed	11:54	2.9			5:46	0.0	6:04	0.2	6:03	8:17	
26	Thu	12:09	2.9	12:40	2.9	6:28	0.1	6:58	0.3	6:03	8:17	
27	Fri	12:51	2.7	1:25	2.9	7:10	0.2	7:52	0.5	6:04	8:16	
28	Sat	1:34	2.5	2:09	2.8	7:52	0.3	8:46	0.6	6:05	8:15	
29	Sun	2:17	2.3	2:57	2.7	8:35	0.4	9:43	0.7	6:06	8:14	
30	Mon	3:07	2.2	3:52	2.7	9:22	0.5	10:40	0.8	6:07	8:13	
31	Tue	4:08	2.1	4:55	2.7	10:13	0.6	11:34	0.8	6:07	8:12	