

Metompkin Inlet, VA - Feb 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:02	3.7	2:21	3.2	8:09	0.2	8:24	-0.2	7:06	5:25	
2	Thu	3:06	3.9	3:26	3.1	9:14	0.2	9:24	-0.4	7:05	5:26	
3	Fri	4:10	4.1	4:30	3.2	10:19	0.0	10:26	-0.6	7:04	5:28	
4	Sat	5:12	4.3	5:31	3.3	11:23	-0.3	11:27	-0.9	7:03	5:29	
5	Sun	6:11	4.5	6:29	3.5			12:22	-0.6	7:02	5:30	
6	Mon	7:06	4.7	7:24	3.7	12:25	-1.2	1:15	-0.8	7:01	5:31	
7	Tue	7:58	4.7	8:17	3.8	1:20	-1.4	2:05	-1.0	7:00	5:32	
8	Wed	8:49	4.7	9:08	3.9	2:12	-1.4	2:53	-1.1	6:59	5:33	
9	Thu	9:37	4.5	9:57	3.9	3:03	-1.4	3:39	-1.0	6:58	5:34	
10	Fri	10:23	4.2	10:45	3.8	3:53	-1.1	4:25	-0.9	6:57	5:35	
11	Sat	11:09	3.9	11:33	3.7	4:44	-0.8	5:11	-0.6	6:56	5:36	
12	Sun	11:54	3.5			5:36	-0.4	5:58	-0.4	6:55	5:37	
13	Mon	12:22	3.5	12:41	3.1	6:29	0.0	6:46	-0.1	6:54	5:39	
14	Tue	1:14	3.4	1:32	2.8	7:24	0.3	7:35	0.1	6:53	5:40	
15	Wed	2:10	3.2	2:27	2.6	8:21	0.6	8:27	0.3	6:51	5:41	
16	Thu	3:11	3.2	3:26	2.6	9:20	0.7	9:21	0.4	6:50	5:42	
17	Fri	4:11	3.3	4:23	2.6	10:19	0.7	10:15	0.3	6:49	5:43	
18	Sat	5:05	3.4	5:15	2.8	11:13	0.6	11:07	0.2	6:48	5:44	
19	Sun	5:53	3.6	6:03	3.0			12:00	0.5	6:47	5:45	
20	Mon	6:37	3.8	6:47	3.2			12:40	0.3	6:45	5:46	
21	Tue	7:18	3.9	7:30	3.4	12:39	-0.2	1:19	0.1	6:44	5:47	
22	Wed	7:58	4.1	8:11	3.6	1:22	-0.3	1:56	0.0	6:43	5:48	
23	Thu	8:38	4.1	8:53	3.8	2:03	-0.4	2:33	-0.2	6:41	5:49	
24	Fri	9:17	4.2	9:34	3.9	2:44	-0.5	3:11	-0.3	6:40	5:50	
25	Sat	9:57	4.1	10:16	4.0	3:26	-0.4	3:51	-0.3	6:39	5:51	
26	Sun	10:38	3.9	11:00	4.0	4:11	-0.4	4:33	-0.2	6:37	5:52	
27	Mon	11:21	3.8	11:47	4.0	5:00	-0.2	5:18	-0.2	6:36	5:53	
28	Tue			12:08	3.5	5:53	-0.1	6:08	-0.1	6:35	5:54	