

Metompkin Inlet, VA - Feb 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:37	4.1			5:11	-0.9	5:43	-0.8	7:06	5:25	
2	Fri	12:06	3.8	12:28	3.7	6:09	-0.6	6:36	-0.6	7:05	5:26	
3	Sat	1:02	3.6	1:22	3.2	7:09	-0.2	7:29	-0.4	7:04	5:27	
4	Sun	2:02	3.5	2:21	2.9	8:12	0.1	8:24	-0.2	7:03	5:28	
5	Mon	3:07	3.4	3:23	2.7	9:17	0.3	9:20	0.0	7:02	5:30	
6	Tue	4:11	3.4	4:23	2.6	10:23	0.4	10:17	0.0	7:01	5:31	
7	Wed	5:08	3.5	5:17	2.7	11:23	0.4	11:10	0.0	7:00	5:32	
8	Thu	5:57	3.6	6:05	2.8			12:12	0.3	6:59	5:33	
9	Fri	6:40	3.7	6:48	2.9			12:53	0.2	6:58	5:34	
10	Sat	7:21	3.8	7:29	3.1	12:42	-0.2	1:29	0.1	6:57	5:35	
11	Sun	8:00	3.9	8:10	3.2	1:22	-0.3	2:03	0.0	6:56	5:36	
12	Mon	8:38	4.0	8:50	3.3	2:01	-0.4	2:37	-0.1	6:55	5:37	
13	Tue	9:16	4.0	9:30	3.4	2:39	-0.4	3:12	-0.1	6:54	5:38	
14	Wed	9:54	3.9	10:09	3.5	3:18	-0.3	3:48	0.0	6:53	5:39	
15	Thu	10:31	3.8	10:48	3.5	3:58	-0.2	4:25	0.0	6:52	5:40	
16	Fri	11:09	3.6	11:29	3.6	4:40	0.0	5:04	0.1	6:51	5:42	
17	Sat	11:49	3.5			5:26	0.2	5:46	0.2	6:49	5:43	
18	Sun	12:14	3.6	12:33	3.3	6:16	0.3	6:33	0.2	6:48	5:44	
19	Mon	1:04	3.6	1:24	3.1	7:12	0.4	7:25	0.2	6:47	5:45	
20	Tue	2:02	3.7	2:23	3.0	8:12	0.4	8:22	0.1	6:46	5:46	
21	Wed	3:06	3.8	3:27	3.1	9:15	0.4	9:23	-0.1	6:44	5:47	
22	Thu	4:10	4.0	4:31	3.2	10:19	0.2	10:26	-0.4	6:43	5:48	
23	Fri	5:11	4.3	5:31	3.4	11:20	-0.2	11:27	-0.7	6:42	5:49	
24	Sat	6:09	4.6	6:28	3.7			12:18	-0.5	6:40	5:50	
25	Sun	7:04	4.7	7:23	4.0	12:25	-1.1	1:10	-0.8	6:39	5:51	
26	Mon	7:56	4.8	8:16	4.2	1:21	-1.3	2:00	-1.1	6:38	5:52	
27	Tue	8:47	4.8	9:08	4.3	2:14	-1.5	2:48	-1.2	6:36	5:53	
28	Wed	9:36	4.6	9:58	4.3	3:06	-1.4	3:35	-1.1	6:35	5:54	