

Metompkin Inlet, VA - Apr 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:34	3.4	11:59	4.0	5:21	-0.3	5:27	-0.1	5:48	6:24	
2	Mon			12:22	3.1	6:14	0.1	6:18	0.2	5:46	6:25	
3	Tue	12:50	3.7	1:15	2.9	7:09	0.4	7:12	0.5	5:45	6:26	
4	Wed	1:47	3.5	2:12	2.8	8:06	0.7	8:09	0.6	5:43	6:27	
5	Thu	2:47	3.4	3:14	2.8	9:03	0.8	9:06	0.7	5:42	6:28	
6	Fri	3:49	3.4	4:12	2.9	9:58	0.8	10:03	0.7	5:40	6:29	
7	Sat	4:44	3.4	5:04	3.1	10:48	0.8	10:57	0.5	5:39	6:30	
8	Sun	5:32	3.6	5:49	3.4	11:31	0.6	11:45	0.4	5:37	6:30	
9	Mon	6:15	3.7	6:32	3.7			12:11	0.5	5:36	6:31	
10	Tue	6:56	3.8	7:12	4.0	12:30	0.2	12:49	0.3	5:34	6:32	
11	Wed	7:36	3.9	7:53	4.2	1:12	0.0	1:27	0.1	5:33	6:33	
12	Thu	8:16	3.9	8:33	4.4	1:52	-0.1	2:04	0.0	5:31	6:34	
13	Fri	8:56	3.9	9:14	4.5	2:33	-0.2	2:42	0.0	5:30	6:35	
14	Sat	9:37	3.8	9:56	4.5	3:16	-0.2	3:22	0.0	5:29	6:36	
15	Sun	10:19	3.7	10:40	4.5	4:00	-0.1	4:04	0.1	5:27	6:37	
16	Mon	11:03	3.6	11:27	4.5	4:48	0.0	4:51	0.1	5:26	6:38	
17	Tue	11:52	3.5			5:40	0.2	5:43	0.2	5:24	6:39	
18	Wed	12:19	4.3	12:46	3.4	6:36	0.3	6:41	0.3	5:23	6:40	
19	Thu	1:17	4.2	1:47	3.3	7:35	0.3	7:44	0.3	5:22	6:40	
20	Fri	2:20	4.1	2:53	3.4	8:36	0.3	8:49	0.2	5:20	6:41	
21	Sat	3:26	4.1	3:59	3.6	9:36	0.1	9:55	0.0	5:19	6:42	
22	Sun	4:30	4.1	5:00	3.9	10:35	-0.1	10:59	-0.2	5:18	6:43	
23	Mon	5:28	4.2	5:56	4.2	11:30	-0.3	11:59	-0.5	5:16	6:44	
24	Tue	6:22	4.2	6:48	4.5			12:21	-0.5	5:15	6:45	
25	Wed	7:13	4.1	7:37	4.7	12:54	-0.7	1:09	-0.7	5:14	6:46	
26	Thu	8:02	4.0	8:25	4.8	1:45	-0.8	1:54	-0.7	5:13	6:47	
27	Fri	8:49	3.9	9:11	4.7	2:34	-0.8	2:39	-0.6	5:11	6:48	
28	Sat	9:35	3.7	9:57	4.6	3:21	-0.6	3:23	-0.5	5:10	6:49	
29	Sun	11:21	3.5	11:43	4.4	5:08	-0.4	5:08	-0.2	6:09	7:50	
30	Mon			12:06	3.3	5:56	-0.1	5:54	0.1	6:08	7:51	