

Metompkin Inlet, VA - Feb 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:35	4.0	8:47	3.2	1:57	-0.6	2:42	-0.3	7:06	5:25	
2	Sat	9:15	4.0	9:28	3.2	2:37	-0.6	3:18	-0.2	7:05	5:26	
3	Sun	9:54	3.9	10:08	3.2	3:17	-0.5	3:54	-0.1	7:04	5:27	
4	Mon	10:32	3.8	10:49	3.3	3:57	-0.3	4:31	0.0	7:03	5:28	
5	Tue	11:11	3.6	11:30	3.2	4:38	-0.1	5:09	0.1	7:03	5:29	
6	Wed	11:50	3.4			5:22	0.2	5:49	0.3	7:02	5:30	
7	Thu	12:13	3.2	12:32	3.2	6:09	0.4	6:32	0.4	7:01	5:31	
8	Fri	1:00	3.2	1:18	3.0	7:00	0.6	7:18	0.4	7:00	5:33	
9	Sat	1:53	3.3	2:10	2.9	7:55	0.7	8:08	0.4	6:59	5:34	
10	Sun	2:50	3.4	3:08	2.8	8:53	0.7	9:01	0.3	6:58	5:35	
11	Mon	3:49	3.6	4:07	2.9	9:53	0.6	9:58	0.1	6:56	5:36	
12	Tue	4:47	3.9	5:04	3.1	10:53	0.3	10:55	-0.2	6:55	5:37	
13	Wed	5:42	4.2	5:59	3.3	11:50	0.0	11:51	-0.6	6:54	5:38	
14	Thu	6:34	4.5	6:52	3.6			12:42	-0.3	6:53	5:39	
15	Fri	7:26	4.8	7:43	3.8	12:45	-0.9	1:32	-0.7	6:52	5:40	
16	Sat	8:16	4.9	8:35	4.0	1:38	-1.2	2:20	-0.9	6:51	5:41	
17	Sun	9:06	4.9	9:26	4.2	2:29	-1.4	3:08	-1.1	6:50	5:42	
18	Mon	9:55	4.7	10:18	4.3	3:21	-1.4	3:56	-1.1	6:48	5:43	
19	Tue	10:44	4.4	11:09	4.2	4:15	-1.2	4:45	-1.0	6:47	5:44	
20	Wed	11:34	4.1			5:11	-0.9	5:36	-0.8	6:46	5:45	
21	Thu	12:03	4.1	12:26	3.6	6:10	-0.6	6:30	-0.6	6:45	5:47	
22	Fri	1:00	3.9	1:22	3.2	7:11	-0.2	7:26	-0.4	6:43	5:48	
23	Sat	2:02	3.7	2:24	2.9	8:16	0.0	8:24	-0.2	6:42	5:49	
24	Sun	3:09	3.6	3:30	2.7	9:24	0.2	9:25	-0.1	6:41	5:50	
25	Mon	4:17	3.6	4:35	2.7	10:32	0.3	10:26	-0.1	6:39	5:51	
26	Tue	5:18	3.6	5:31	2.8	11:33	0.2	11:23	-0.1	6:38	5:52	
27	Wed	6:09	3.7	6:19	2.9			12:23	0.2	6:37	5:53	
28	Thu	6:53	3.8	7:02	3.1	12:13	-0.2	1:03	0.1	6:35	5:54	
29	Fri	7:33	3.8	7:42	3.3	12:57	-0.3	1:38	0.0	6:34	5:55	