

## Metompkin Inlet, VA - Apr 1980

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 8:56  | 3.8 | 9:11  | 4.0 | 2:31  | -0.1 | 2:44  | 0.1  | 5:46                                                                                | 6:25 |    |
| 2    | Wed | 9:34  | 3.7 | 9:49  | 4.1 | 3:09  | -0.1 | 3:19  | 0.2  | 5:45                                                                                | 6:26 |    |
| 3    | Thu | 10:12 | 3.6 | 10:28 | 4.1 | 3:48  | 0.1  | 3:55  | 0.3  | 5:43                                                                                | 6:27 |    |
| 4    | Fri | 10:50 | 3.5 | 11:09 | 4.1 | 4:30  | 0.2  | 4:34  | 0.4  | 5:42                                                                                | 6:28 |    |
| 5    | Sat | 11:31 | 3.3 | 11:53 | 4.0 | 5:14  | 0.4  | 5:17  | 0.5  | 5:41                                                                                | 6:28 |    |
| 6    | Sun |       |     | 12:16 | 3.2 | 6:04  | 0.5  | 6:06  | 0.6  | 5:39                                                                                | 6:29 |    |
| 7    | Mon | 12:42 | 3.9 | 1:07  | 3.1 | 6:58  | 0.6  | 7:01  | 0.6  | 5:38                                                                                | 6:30 |    |
| 8    | Tue | 1:39  | 3.9 | 2:07  | 3.1 | 7:55  | 0.6  | 8:02  | 0.5  | 5:36                                                                                | 6:31 |    |
| 9    | Wed | 2:42  | 4.0 | 3:12  | 3.2 | 8:55  | 0.5  | 9:05  | 0.3  | 5:35                                                                                | 6:32 |    |
| 10   | Thu | 3:46  | 4.1 | 4:15  | 3.5 | 9:55  | 0.3  | 10:09 | 0.0  | 5:33                                                                                | 6:33 |    |
| 11   | Fri | 4:47  | 4.3 | 5:14  | 3.9 | 10:52 | 0.0  | 11:11 | -0.3 | 5:32                                                                                | 6:34 |    |
| 12   | Sat | 5:44  | 4.4 | 6:09  | 4.3 | 11:47 | -0.3 |       |      | 5:30                                                                                | 6:35 |    |
| 13   | Sun | 6:38  | 4.5 | 7:02  | 4.6 | 12:10 | -0.7 | 12:38 | -0.7 | 5:29                                                                                | 6:36 |   |
| 14   | Mon | 7:30  | 4.5 | 7:54  | 4.9 | 1:06  | -1.0 | 1:27  | -0.9 | 5:28                                                                                | 6:37 |  |
| 15   | Tue | 8:21  | 4.4 | 8:45  | 5.0 | 2:00  | -1.1 | 2:15  | -1.0 | 5:26                                                                                | 6:38 |  |
| 16   | Wed | 9:11  | 4.3 | 9:35  | 5.0 | 2:52  | -1.1 | 3:02  | -0.9 | 5:25                                                                                | 6:38 |  |
| 17   | Thu | 10:01 | 4.0 | 10:26 | 4.9 | 3:44  | -1.0 | 3:51  | -0.8 | 5:23                                                                                | 6:39 |  |
| 18   | Fri | 10:51 | 3.7 | 11:17 | 4.6 | 4:37  | -0.7 | 4:41  | -0.5 | 5:22                                                                                | 6:40 |  |
| 19   | Sat | 11:42 | 3.4 |       |     | 5:32  | -0.3 | 5:34  | -0.1 | 5:21                                                                                | 6:41 |  |
| 20   | Sun | 12:09 | 4.3 | 12:36 | 3.2 | 6:29  | 0.0  | 6:30  | 0.2  | 5:19                                                                                | 6:42 |  |
| 21   | Mon | 1:05  | 3.9 | 1:34  | 3.0 | 7:28  | 0.3  | 7:30  | 0.4  | 5:18                                                                                | 6:43 |  |
| 22   | Tue | 2:05  | 3.7 | 2:37  | 2.9 | 8:27  | 0.5  | 8:30  | 0.6  | 5:17                                                                                | 6:44 |  |
| 23   | Wed | 3:09  | 3.5 | 3:41  | 3.0 | 9:25  | 0.6  | 9:31  | 0.7  | 5:15                                                                                | 6:45 |  |
| 24   | Thu | 4:09  | 3.4 | 4:36  | 3.1 | 10:18 | 0.7  | 10:29 | 0.6  | 5:14                                                                                | 6:46 |  |
| 25   | Fri | 5:01  | 3.5 | 5:23  | 3.4 | 11:04 | 0.6  | 11:21 | 0.5  | 5:13                                                                                | 6:47 |  |
| 26   | Sat | 5:46  | 3.5 | 6:05  | 3.6 | 11:44 | 0.5  |       |      | 5:12                                                                                | 6:48 |  |
| 27   | Sun | 7:27  | 3.6 | 7:45  | 3.9 | 12:07 | 0.4  | 1:21  | 0.4  | 6:10                                                                                | 7:48 |  |
| 28   | Mon | 8:06  | 3.6 | 8:24  | 4.1 | 1:49  | 0.2  | 1:57  | 0.3  | 6:09                                                                                | 7:49 |  |
| 29   | Tue | 8:46  | 3.7 | 9:04  | 4.3 | 2:28  | 0.1  | 2:33  | 0.2  | 6:08                                                                                | 7:50 |  |
| 30   | Wed | 9:25  | 3.7 | 9:43  | 4.4 | 3:07  | 0.1  | 3:09  | 0.2  | 6:07                                                                                | 7:51 |  |