

Metompkin Inlet, VA - May 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:05	3.6	10:23	4.4	3:46	0.1	3:47	0.2	6:06	7:52	
2	Fri	10:45	3.6	11:03	4.4	4:27	0.1	4:25	0.3	6:05	7:53	
3	Sat	11:26	3.5	11:45	4.4	5:09	0.2	5:06	0.4	6:03	7:54	
4	Sun			12:09	3.4	5:55	0.3	5:52	0.5	6:02	7:55	
5	Mon	12:30	4.3	12:56	3.3	6:45	0.4	6:43	0.5	6:01	7:56	
6	Tue	1:20	4.3	1:49	3.3	7:38	0.5	7:41	0.6	6:00	7:57	
7	Wed	2:16	4.2	2:48	3.3	8:34	0.5	8:42	0.5	5:59	7:58	
8	Thu	3:17	4.1	3:52	3.5	9:31	0.3	9:46	0.4	5:58	7:58	
9	Fri	4:20	4.1	4:55	3.8	10:28	0.2	10:51	0.1	5:57	7:59	
10	Sat	5:21	4.1	5:54	4.1	11:24	-0.1	11:54	-0.1	5:56	8:00	
11	Sun	6:19	4.1	6:50	4.5			12:19	-0.4	5:55	8:01	
12	Mon	7:14	4.2	7:43	4.8	12:55	-0.4	1:11	-0.6	5:54	8:02	
13	Tue	8:07	4.1	8:34	5.0	1:52	-0.7	2:01	-0.8	5:53	8:03	
14	Wed	8:58	4.0	9:25	5.1	2:45	-0.8	2:49	-0.9	5:53	8:04	
15	Thu	9:49	3.9	10:15	5.1	3:37	-0.8	3:37	-0.8	5:52	8:05	
16	Fri	10:39	3.7	11:04	4.9	4:27	-0.7	4:26	-0.6	5:51	8:05	
17	Sat	11:29	3.5	11:53	4.6	5:18	-0.5	5:15	-0.3	5:50	8:06	
18	Sun			12:18	3.4	6:10	-0.2	6:07	0.0	5:49	8:07	
19	Mon	12:43	4.3	1:09	3.2	7:03	0.1	7:01	0.3	5:49	8:08	
20	Tue	1:34	4.0	2:03	3.1	7:56	0.4	7:57	0.6	5:48	8:09	
21	Wed	2:27	3.7	3:00	3.0	8:48	0.5	8:54	0.8	5:47	8:10	
22	Thu	3:23	3.5	3:59	3.1	9:38	0.7	9:52	0.9	5:47	8:10	
23	Fri	4:20	3.4	4:55	3.3	10:26	0.7	10:49	0.9	5:46	8:11	
24	Sat	5:13	3.3	5:45	3.5	11:11	0.7	11:42	0.8	5:45	8:12	
25	Sun	6:01	3.3	6:29	3.8	11:54	0.6			5:45	8:13	
26	Mon	6:46	3.4	7:12	4.0	12:32	0.6	12:36	0.5	5:44	8:14	
27	Tue	7:29	3.4	7:53	4.3	1:17	0.5	1:17	0.3	5:44	8:14	
28	Wed	8:12	3.5	8:34	4.5	2:00	0.3	1:57	0.2	5:43	8:15	
29	Thu	8:54	3.5	9:16	4.6	2:42	0.2	2:37	0.1	5:43	8:16	
30	Fri	9:37	3.5	9:58	4.7	3:23	0.1	3:18	0.1	5:42	8:16	
31	Sat	10:20	3.5	10:42	4.7	4:06	0.1	4:00	0.1	5:42	8:17	