

Metompkin Inlet, VA - Dec 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:41	3.2	3:56	3.3	9:33	0.8	10:00	0.5	6:59	4:44	
2	Tue	4:33	3.4	4:46	3.3	10:29	0.7	10:43	0.5	7:00	4:43	
3	Wed	5:19	3.6	5:31	3.3	11:19	0.6	11:24	0.3	7:00	4:43	
4	Thu	6:01	3.9	6:13	3.3			12:05	0.5	7:01	4:43	
5	Fri	6:41	4.1	6:55	3.4	12:04	0.2	12:47	0.4	7:02	4:43	
6	Sat	7:22	4.3	7:36	3.4	12:43	0.1	1:28	0.2	7:03	4:43	
7	Sun	8:02	4.4	8:18	3.4	1:23	0.0	2:08	0.2	7:04	4:43	
8	Mon	8:43	4.5	9:00	3.4	2:02	0.0	2:48	0.1	7:05	4:43	
9	Tue	9:25	4.5	9:42	3.4	2:42	0.0	3:30	0.1	7:06	4:43	
10	Wed	10:07	4.5	10:26	3.3	3:24	0.0	4:14	0.2	7:06	4:43	
11	Thu	10:51	4.4	11:12	3.3	4:08	0.1	5:01	0.2	7:07	4:44	
12	Fri	11:37	4.3			4:58	0.2	5:51	0.2	7:08	4:44	
13	Sat	12:02	3.3	12:27	4.2	5:53	0.3	6:43	0.2	7:09	4:44	
14	Sun	12:58	3.3	1:22	4.0	6:52	0.3	7:37	0.1	7:09	4:44	
15	Mon	1:58	3.5	2:21	3.8	7:55	0.3	8:31	-0.1	7:10	4:45	
16	Tue	3:02	3.7	3:23	3.7	9:00	0.2	9:27	-0.3	7:11	4:45	
17	Wed	4:04	4.0	4:23	3.6	10:05	0.0	10:22	-0.5	7:11	4:45	
18	Thu	5:03	4.3	5:21	3.6	11:09	-0.2	11:17	-0.7	7:12	4:46	
19	Fri	5:58	4.6	6:16	3.6			12:09	-0.5	7:12	4:46	
20	Sat	6:51	4.8	7:09	3.6	12:11	-0.9	1:04	-0.7	7:13	4:46	
21	Sun	7:43	4.9	8:01	3.5	1:02	-1.1	1:56	-0.8	7:13	4:47	
22	Mon	8:33	4.9	8:52	3.5	1:52	-1.1	2:46	-0.8	7:14	4:47	
23	Tue	9:22	4.8	9:41	3.4	2:41	-1.0	3:34	-0.7	7:14	4:48	
24	Wed	10:10	4.6	10:30	3.3	3:29	-0.8	4:22	-0.5	7:15	4:49	
25	Thu	10:57	4.3	11:18	3.2	4:18	-0.6	5:11	-0.3	7:15	4:49	
26	Fri	11:43	4.0			5:08	-0.2	5:59	-0.1	7:16	4:50	
27	Sat	12:07	3.0	12:30	3.6	6:01	0.1	6:47	0.1	7:16	4:50	
28	Sun	12:59	3.0	1:19	3.3	6:55	0.4	7:34	0.3	7:16	4:51	
29	Mon	1:53	3.0	2:11	3.1	7:50	0.6	8:20	0.4	7:16	4:52	
30	Tue	2:50	3.0	3:05	2.9	8:47	0.7	9:07	0.4	7:17	4:53	
31	Wed	3:46	3.2	3:59	2.9	9:43	0.7	9:55	0.4	7:17	4:53	