

## Metompkin Inlet, VA - Mar 1981

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 4:08  | 3.5 | 4:26  | 2.8 | 10:13 | 0.8  | 10:14 | 0.3  | 6:33                                                                                | 5:55 |    |
| 2    | Mon | 5:04  | 3.8 | 5:20  | 3.1 | 11:09 | 0.5  | 11:09 | 0.0  | 6:32                                                                                | 5:56 |    |
| 3    | Tue | 5:55  | 4.1 | 6:11  | 3.3 |       |      | 12:00 | 0.2  | 6:30                                                                                | 5:57 |    |
| 4    | Wed | 6:44  | 4.4 | 7:00  | 3.6 | 12:03 | -0.3 | 12:48 | -0.1 | 6:29                                                                                | 5:58 |    |
| 5    | Thu | 7:31  | 4.6 | 7:48  | 3.9 | 12:53 | -0.6 | 1:33  | -0.4 | 6:27                                                                                | 5:59 |    |
| 6    | Fri | 8:18  | 4.7 | 8:36  | 4.2 | 1:43  | -0.9 | 2:18  | -0.7 | 6:26                                                                                | 6:00 |    |
| 7    | Sat | 9:05  | 4.7 | 9:25  | 4.4 | 2:32  | -1.1 | 3:03  | -0.8 | 6:24                                                                                | 6:01 |    |
| 8    | Sun | 9:52  | 4.5 | 10:14 | 4.5 | 3:22  | -1.1 | 3:48  | -0.8 | 6:23                                                                                | 6:02 |    |
| 9    | Mon | 10:40 | 4.3 | 11:04 | 4.5 | 4:14  | -1.0 | 4:36  | -0.8 | 6:21                                                                                | 6:03 |    |
| 10   | Tue | 11:29 | 3.9 | 11:57 | 4.4 | 5:09  | -0.7 | 5:26  | -0.6 | 6:20                                                                                | 6:04 |    |
| 11   | Wed |       |     | 12:21 | 3.6 | 6:08  | -0.4 | 6:21  | -0.4 | 6:19                                                                                | 6:05 |    |
| 12   | Thu | 12:54 | 4.2 | 1:19  | 3.2 | 7:10  | -0.1 | 7:19  | -0.2 | 6:17                                                                                | 6:06 |   |
| 13   | Fri | 1:58  | 4.0 | 2:23  | 3.0 | 8:15  | 0.1  | 8:20  | -0.1 | 6:16                                                                                | 6:07 |  |
| 14   | Sat | 3:07  | 3.8 | 3:33  | 2.8 | 9:24  | 0.2  | 9:25  | 0.0  | 6:14                                                                                | 6:08 |  |
| 15   | Sun | 4:17  | 3.8 | 4:40  | 2.9 | 10:32 | 0.2  | 10:30 | -0.1 | 6:13                                                                                | 6:09 |  |
| 16   | Mon | 5:20  | 3.8 | 5:38  | 3.0 | 11:32 | 0.2  | 11:30 | -0.2 | 6:11                                                                                | 6:10 |  |
| 17   | Tue | 6:13  | 3.9 | 6:27  | 3.2 |       |      | 12:23 | 0.0  | 6:10                                                                                | 6:11 |  |
| 18   | Wed | 6:59  | 3.9 | 7:11  | 3.4 | 12:23 | -0.3 | 1:04  | -0.1 | 6:08                                                                                | 6:12 |  |
| 19   | Thu | 7:40  | 3.9 | 7:52  | 3.6 | 1:09  | -0.4 | 1:41  | -0.1 | 6:07                                                                                | 6:13 |  |
| 20   | Fri | 8:18  | 3.9 | 8:31  | 3.7 | 1:51  | -0.5 | 2:16  | -0.2 | 6:05                                                                                | 6:14 |  |
| 21   | Sat | 8:56  | 3.8 | 9:10  | 3.8 | 2:30  | -0.4 | 2:50  | -0.1 | 6:04                                                                                | 6:15 |  |
| 22   | Sun | 9:34  | 3.7 | 9:49  | 3.9 | 3:09  | -0.3 | 3:24  | 0.0  | 6:02                                                                                | 6:15 |  |
| 23   | Mon | 10:12 | 3.6 | 10:28 | 3.9 | 3:48  | -0.1 | 3:59  | 0.1  | 6:00                                                                                | 6:16 |  |
| 24   | Tue | 10:50 | 3.4 | 11:08 | 3.8 | 4:28  | 0.1  | 4:36  | 0.3  | 5:59                                                                                | 6:17 |  |
| 25   | Wed | 11:30 | 3.2 | 11:50 | 3.7 | 5:11  | 0.3  | 5:16  | 0.5  | 5:57                                                                                | 6:18 |  |
| 26   | Thu |       |     | 12:12 | 3.1 | 5:57  | 0.6  | 6:00  | 0.7  | 5:56                                                                                | 6:19 |  |
| 27   | Fri | 12:36 | 3.6 | 12:58 | 2.9 | 6:46  | 0.8  | 6:49  | 0.8  | 5:54                                                                                | 6:20 |  |
| 28   | Sat | 1:28  | 3.6 | 1:52  | 2.8 | 7:40  | 0.9  | 7:43  | 0.8  | 5:53                                                                                | 6:21 |  |
| 29   | Sun | 2:26  | 3.6 | 2:52  | 2.9 | 8:37  | 0.9  | 8:41  | 0.7  | 5:51                                                                                | 6:22 |  |
| 30   | Mon | 3:28  | 3.7 | 3:52  | 3.0 | 9:35  | 0.8  | 9:41  | 0.5  | 5:50                                                                                | 6:23 |  |
| 31   | Tue | 4:27  | 3.9 | 4:49  | 3.3 | 10:31 | 0.6  | 10:40 | 0.2  | 5:48                                                                                | 6:24 |  |