

Metompkin Inlet, VA - Jun 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:01	4.0	8:31	5.3	1:50	-0.6	1:53	-0.8	5:42	8:18	
2	Tue	8:55	3.9	9:24	5.3	2:45	-0.8	2:44	-0.9	5:41	8:18	
3	Wed	9:48	3.9	10:16	5.3	3:38	-0.8	3:35	-0.9	5:41	8:19	
4	Thu	10:41	3.7	11:09	5.1	4:31	-0.7	4:27	-0.7	5:41	8:20	
5	Fri	11:34	3.6			5:24	-0.6	5:20	-0.5	5:40	8:20	
6	Sat	12:01	4.8	12:27	3.4	6:18	-0.3	6:16	-0.2	5:40	8:21	
7	Sun	12:53	4.4	1:22	3.3	7:13	-0.1	7:14	0.1	5:40	8:21	
8	Mon	1:47	4.1	2:19	3.2	8:08	0.1	8:14	0.4	5:40	8:22	
9	Tue	2:42	3.7	3:20	3.2	9:01	0.3	9:15	0.6	5:40	8:22	
10	Wed	3:39	3.5	4:20	3.3	9:51	0.4	10:16	0.7	5:40	8:23	
11	Thu	4:36	3.3	5:14	3.5	10:38	0.5	11:14	0.7	5:40	8:23	
12	Fri	5:28	3.2	6:02	3.7	11:23	0.5			5:40	8:24	
13	Sat	6:15	3.2	6:45	3.9	12:08	0.7	12:05	0.5	5:40	8:24	
14	Sun	6:59	3.2	7:26	4.1	12:56	0.6	12:47	0.4	5:40	8:25	
15	Mon	7:42	3.2	8:07	4.3	1:39	0.5	1:27	0.3	5:40	8:25	
16	Tue	8:24	3.3	8:48	4.4	2:19	0.4	2:07	0.3	5:40	8:25	
17	Wed	9:06	3.3	9:29	4.5	2:58	0.3	2:47	0.2	5:40	8:26	
18	Thu	9:48	3.3	10:10	4.5	3:38	0.3	3:27	0.2	5:40	8:26	
19	Fri	10:30	3.3	10:52	4.5	4:18	0.3	4:08	0.3	5:40	8:26	
20	Sat	11:13	3.4	11:34	4.5	4:59	0.3	4:51	0.3	5:40	8:27	
21	Sun	11:57	3.4			5:43	0.3	5:38	0.4	5:40	8:27	
22	Mon	12:17	4.4	12:43	3.4	6:29	0.4	6:29	0.5	5:41	8:27	
23	Tue	1:03	4.3	1:33	3.5	7:17	0.3	7:25	0.5	5:41	8:27	
24	Wed	1:53	4.1	2:28	3.6	8:07	0.3	8:25	0.5	5:41	8:27	
25	Thu	2:48	3.9	3:28	3.8	8:59	0.2	9:27	0.5	5:42	8:27	
26	Fri	3:47	3.8	4:29	4.1	9:52	0.0	10:31	0.3	5:42	8:28	
27	Sat	4:48	3.7	5:28	4.4	10:47	-0.2	11:35	0.1	5:42	8:28	
28	Sun	5:48	3.7	6:25	4.8	11:42	-0.4			5:43	8:28	
29	Mon	6:45	3.7	7:21	5.0	12:37	-0.1	12:38	-0.6	5:43	8:28	
30	Tue	7:41	3.7	8:15	5.2	1:36	-0.4	1:33	-0.7	5:43	8:28	