

Metompkin Inlet, VA - Jul 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:35	3.7	9:08	5.2	2:31	-0.5	2:25	-0.8	5:44	8:27	
2	Thu	9:29	3.7	9:59	5.1	3:23	-0.6	3:17	-0.8	5:44	8:27	
3	Fri	10:21	3.6	10:50	4.9	4:13	-0.6	4:08	-0.7	5:45	8:27	
4	Sat	11:12	3.6	11:39	4.7	5:03	-0.4	5:00	-0.4	5:45	8:27	
5	Sun			12:03	3.5	5:52	-0.3	5:52	-0.1	5:46	8:27	
6	Mon	12:27	4.3	12:53	3.4	6:41	0.0	6:46	0.2	5:47	8:27	
7	Tue	1:14	4.0	1:44	3.4	7:29	0.2	7:42	0.5	5:47	8:26	
8	Wed	2:03	3.6	2:38	3.4	8:17	0.4	8:38	0.7	5:48	8:26	
9	Thu	2:54	3.4	3:33	3.4	9:03	0.5	9:35	0.9	5:48	8:26	
10	Fri	3:48	3.1	4:29	3.5	9:48	0.6	10:32	1.0	5:49	8:25	
11	Sat	4:42	3.0	5:21	3.7	10:35	0.6	11:28	1.0	5:50	8:25	
12	Sun	5:34	3.0	6:09	3.9	11:21	0.6			5:50	8:25	
13	Mon	6:22	3.1	6:55	4.1	12:20	0.9	12:08	0.5	5:51	8:24	
14	Tue	7:09	3.2	7:39	4.3	1:07	0.7	12:54	0.4	5:52	8:24	
15	Wed	7:54	3.3	8:22	4.5	1:50	0.6	1:38	0.3	5:52	8:23	
16	Thu	8:38	3.4	9:04	4.6	2:32	0.4	2:21	0.2	5:53	8:23	
17	Fri	9:21	3.5	9:47	4.7	3:12	0.3	3:04	0.1	5:54	8:22	
18	Sat	10:05	3.6	10:29	4.7	3:53	0.2	3:47	0.1	5:54	8:22	
19	Sun	10:49	3.7	11:12	4.7	4:34	0.2	4:32	0.1	5:55	8:21	
20	Mon	11:34	3.7	11:55	4.6	5:17	0.1	5:20	0.1	5:56	8:20	
21	Tue			12:21	3.8	6:02	0.1	6:11	0.2	5:57	8:20	
22	Wed	12:41	4.4	1:11	3.9	6:50	0.1	7:08	0.3	5:58	8:19	
23	Thu	1:30	4.1	2:05	4.0	7:39	0.1	8:08	0.4	5:58	8:18	
24	Fri	2:24	3.9	3:05	4.1	8:31	0.1	9:10	0.5	5:59	8:18	
25	Sat	3:23	3.6	4:07	4.3	9:26	0.0	10:15	0.4	6:00	8:17	
26	Sun	4:26	3.5	5:10	4.5	10:23	-0.1	11:21	0.3	6:01	8:16	
27	Mon	5:29	3.4	6:10	4.7	11:22	-0.2			6:02	8:15	
28	Tue	6:29	3.4	7:07	4.9	12:25	0.1	12:21	-0.3	6:02	8:14	
29	Wed	7:25	3.5	8:01	5.0	1:24	-0.1	1:17	-0.5	6:03	8:13	
30	Thu	8:19	3.6	8:52	5.0	2:17	-0.2	2:11	-0.6	6:04	8:13	
31	Fri	9:11	3.7	9:41	4.9	3:06	-0.3	3:01	-0.6	6:05	8:12	