

Metompkin Inlet, VA - Nov 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:06	4.2	11:26	3.2	4:23	0.8	5:15	0.9	6:27	5:04	
2	Mon	11:50	4.1			5:07	0.9	6:03	1.1	6:28	5:03	
3	Tue	12:11	3.1	12:38	4.0	5:56	1.1	6:54	1.2	6:29	5:02	
4	Wed	1:03	3.1	1:31	3.9	6:50	1.2	7:48	1.1	6:30	5:01	
5	Thu	2:01	3.1	2:29	3.9	7:48	1.1	8:41	1.0	6:31	5:00	
6	Fri	3:01	3.3	3:27	4.0	8:48	1.0	9:34	0.8	6:32	4:59	
7	Sat	4:00	3.6	4:23	4.2	9:49	0.7	10:25	0.4	6:34	4:58	
8	Sun	4:54	4.0	5:16	4.3	10:48	0.4	11:15	0.1	6:35	4:57	
9	Mon	5:45	4.5	6:07	4.4	11:45	0.0			6:36	4:56	
10	Tue	6:35	4.9	6:57	4.4	12:04	-0.3	12:39	-0.3	6:37	4:55	
11	Wed	7:25	5.2	7:47	4.4	12:52	-0.6	1:32	-0.6	6:38	4:54	
12	Thu	8:16	5.4	8:38	4.3	1:40	-0.8	2:25	-0.7	6:39	4:53	
13	Fri	9:07	5.5	9:30	4.1	2:28	-0.9	3:17	-0.7	6:40	4:53	
14	Sat	9:59	5.4	10:22	3.9	3:18	-0.8	4:12	-0.5	6:41	4:52	
15	Sun	10:53	5.2	11:17	3.6	4:10	-0.6	5:09	-0.3	6:42	4:51	
16	Mon	11:48	4.8			5:07	-0.3	6:09	0.0	6:43	4:50	
17	Tue	12:14	3.4	12:46	4.4	6:07	0.0	7:10	0.2	6:44	4:50	
18	Wed	1:17	3.2	1:49	4.1	7:11	0.3	8:12	0.3	6:45	4:49	
19	Thu	2:25	3.2	2:54	3.8	8:17	0.4	9:11	0.3	6:46	4:48	
20	Fri	3:35	3.3	3:56	3.7	9:23	0.5	10:05	0.3	6:47	4:48	
21	Sat	4:35	3.4	4:50	3.6	10:26	0.5	10:52	0.3	6:48	4:47	
22	Sun	5:24	3.6	5:36	3.5	11:22	0.5	11:34	0.2	6:49	4:47	
23	Mon	6:05	3.9	6:17	3.5			12:10	0.4	6:50	4:46	
24	Tue	6:44	4.0	6:57	3.4	12:12	0.2	12:53	0.3	6:51	4:46	
25	Wed	7:22	4.2	7:36	3.4	12:49	0.1	1:31	0.2	6:52	4:45	
26	Thu	8:00	4.3	8:16	3.4	1:25	0.1	2:09	0.2	6:53	4:45	
27	Fri	8:39	4.4	8:56	3.3	2:01	0.1	2:46	0.2	6:54	4:45	
28	Sat	9:19	4.4	9:36	3.3	2:38	0.2	3:25	0.3	6:55	4:44	
29	Sun	10:00	4.3	10:17	3.2	3:16	0.3	4:06	0.5	6:56	4:44	
30	Mon	10:41	4.2	10:59	3.1	3:56	0.4	4:49	0.6	6:57	4:44	