

Metompkin Inlet, VA - Jan 1982

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:05	3.1	12:28	3.8	5:55	0.3	6:40	0.2	7:17	4:54	
2	Sat	12:57	3.2	1:18	3.7	6:52	0.3	7:30	0.1	7:17	4:55	
3	Sun	1:54	3.4	2:15	3.5	7:53	0.3	8:22	0.0	7:17	4:56	
4	Mon	2:56	3.6	3:15	3.4	8:57	0.2	9:16	-0.2	7:17	4:56	
5	Tue	3:57	3.9	4:16	3.3	10:02	0.1	10:12	-0.5	7:17	4:57	
6	Wed	4:57	4.3	5:15	3.3	11:06	-0.2	11:09	-0.7	7:17	4:58	
7	Thu	5:54	4.6	6:12	3.4			12:07	-0.5	7:17	4:59	
8	Fri	6:49	4.8	7:08	3.4	12:05	-1.0	1:04	-0.7	7:17	5:00	
9	Sat	7:44	5.0	8:02	3.4	1:00	-1.2	1:58	-0.9	7:17	5:01	
10	Sun	8:37	5.0	8:55	3.5	1:53	-1.3	2:49	-0.9	7:17	5:02	
11	Mon	9:28	4.8	9:47	3.4	2:45	-1.3	3:39	-0.9	7:17	5:03	
12	Tue	10:18	4.6	10:38	3.4	3:36	-1.1	4:29	-0.7	7:17	5:04	
13	Wed	11:07	4.3	11:29	3.3	4:29	-0.8	5:18	-0.5	7:16	5:05	
14	Thu	11:55	3.9			5:23	-0.5	6:08	-0.3	7:16	5:06	
15	Fri	12:21	3.2	12:43	3.5	6:19	-0.1	6:56	-0.1	7:16	5:07	
16	Sat	1:14	3.1	1:34	3.1	7:16	0.2	7:44	0.1	7:15	5:08	
17	Sun	2:11	3.1	2:27	2.9	8:15	0.4	8:32	0.2	7:15	5:09	
18	Mon	3:10	3.1	3:23	2.7	9:14	0.6	9:20	0.3	7:15	5:10	
19	Tue	4:06	3.2	4:18	2.6	10:14	0.6	10:09	0.3	7:14	5:11	
20	Wed	4:58	3.4	5:08	2.6	11:10	0.6	10:57	0.2	7:14	5:12	
21	Thu	5:45	3.6	5:56	2.7	11:59	0.5	11:43	0.1	7:13	5:13	
22	Fri	6:30	3.8	6:40	2.8			12:42	0.3	7:13	5:14	
23	Sat	7:13	4.0	7:23	3.0	12:28	-0.1	1:22	0.2	7:12	5:15	
24	Sun	7:55	4.1	8:06	3.1	1:10	-0.2	2:01	0.1	7:12	5:17	
25	Mon	8:36	4.2	8:48	3.2	1:51	-0.4	2:39	0.0	7:11	5:18	
26	Tue	9:16	4.3	9:29	3.3	2:32	-0.4	3:18	-0.1	7:10	5:19	
27	Wed	9:56	4.3	10:11	3.3	3:14	-0.4	3:57	-0.1	7:10	5:20	
28	Thu	10:36	4.2	10:55	3.4	3:57	-0.3	4:39	-0.1	7:09	5:21	
29	Fri	11:18	4.0	11:41	3.5	4:44	-0.2	5:22	-0.1	7:08	5:22	
30	Sat			12:02	3.8	5:36	-0.1	6:08	-0.1	7:07	5:23	
31	Sun	12:31	3.6	12:52	3.5	6:32	0.0	6:58	-0.1	7:06	5:24	