

Metompkin Inlet, VA - Jan 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:46	5.1	10:06	3.5	3:00	-1.2	3:58	-0.8	7:17	4:54	
2	Sun	10:38	4.9	11:01	3.5	3:54	-1.1	4:51	-0.7	7:17	4:55	
3	Mon	11:31	4.5	11:57	3.4	4:51	-0.8	5:45	-0.6	7:17	4:55	
4	Tue			12:24	4.1	5:51	-0.5	6:39	-0.4	7:17	4:56	
5	Wed	12:55	3.3	1:19	3.7	6:53	-0.2	7:33	-0.3	7:17	4:57	
6	Thu	1:57	3.3	2:17	3.3	7:57	0.1	8:26	-0.2	7:17	4:58	
7	Fri	3:01	3.3	3:16	3.0	9:03	0.2	9:17	-0.1	7:17	4:59	
8	Sat	4:03	3.4	4:14	2.8	10:08	0.3	10:08	0.0	7:17	5:00	
9	Sun	4:58	3.5	5:07	2.7	11:11	0.3	10:57	0.0	7:17	5:01	
10	Mon	5:46	3.7	5:54	2.7			12:04	0.3	7:17	5:02	
11	Tue	6:29	3.8	6:38	2.7			12:49	0.2	7:17	5:03	
12	Wed	7:11	3.9	7:20	2.8	12:27	-0.2	1:28	0.1	7:17	5:04	
13	Thu	7:52	4.0	8:02	2.9	1:08	-0.2	2:05	0.1	7:16	5:05	
14	Fri	8:32	4.1	8:43	2.9	1:48	-0.3	2:41	0.1	7:16	5:06	
15	Sat	9:12	4.1	9:24	3.0	2:27	-0.3	3:17	0.1	7:16	5:07	
16	Sun	9:51	4.0	10:04	3.0	3:06	-0.2	3:54	0.1	7:16	5:08	
17	Mon	10:30	4.0	10:45	3.0	3:46	-0.1	4:32	0.2	7:15	5:09	
18	Tue	11:08	3.8	11:26	3.1	4:28	0.0	5:12	0.2	7:15	5:10	
19	Wed	11:48	3.7			5:13	0.2	5:53	0.3	7:14	5:11	
20	Thu	12:10	3.1	12:30	3.5	6:02	0.3	6:36	0.3	7:14	5:12	
21	Fri	12:59	3.2	1:17	3.3	6:57	0.4	7:23	0.2	7:13	5:13	
22	Sat	1:53	3.4	2:12	3.1	7:56	0.5	8:13	0.1	7:13	5:14	
23	Sun	2:53	3.6	3:12	3.0	8:59	0.4	9:08	0.0	7:12	5:15	
24	Mon	3:55	3.9	4:14	3.0	10:03	0.2	10:06	-0.3	7:12	5:16	
25	Tue	4:55	4.2	5:14	3.1	11:07	0.0	11:05	-0.6	7:11	5:17	
26	Wed	5:53	4.5	6:11	3.2			12:08	-0.3	7:10	5:18	
27	Thu	6:50	4.8	7:07	3.4	12:03	-0.9	1:04	-0.6	7:10	5:20	
28	Fri	7:45	5.0	8:02	3.5	1:00	-1.2	1:57	-0.8	7:09	5:21	
29	Sat	8:38	5.0	8:56	3.6	1:54	-1.4	2:47	-1.0	7:08	5:22	
30	Sun	9:30	4.9	9:49	3.7	2:47	-1.4	3:37	-1.0	7:07	5:23	
31	Mon	10:20	4.6	10:41	3.7	3:40	-1.3	4:25	-0.9	7:07	5:24	