

Metompkin Inlet, VA - Aug 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:56	3.6	2:31	3.8	7:58	0.7	8:34	1.0	6:05	8:11	
2	Tue	2:46	3.4	3:27	4.0	8:46	0.7	9:33	1.0	6:06	8:10	
3	Wed	3:44	3.3	4:26	4.2	9:38	0.6	10:35	0.9	6:07	8:09	
4	Thu	4:45	3.3	5:26	4.5	10:35	0.4	11:38	0.6	6:08	8:08	
5	Fri	5:45	3.3	6:24	4.8	11:34	0.1			6:09	8:07	
6	Sat	6:43	3.5	7:20	5.1	12:39	0.3	12:33	-0.2	6:10	8:06	
7	Sun	7:39	3.7	8:15	5.3	1:35	0.0	1:30	-0.5	6:10	8:05	
8	Mon	8:34	3.9	9:08	5.4	2:28	-0.2	2:26	-0.7	6:11	8:04	
9	Tue	9:29	4.1	10:01	5.3	3:19	-0.5	3:20	-0.9	6:12	8:03	
10	Wed	10:22	4.2	10:52	5.1	4:08	-0.6	4:14	-0.8	6:13	8:02	
11	Thu	11:15	4.3	11:42	4.8	4:57	-0.5	5:09	-0.6	6:14	8:00	
12	Fri			12:08	4.3	5:46	-0.4	6:06	-0.3	6:15	7:59	
13	Sat	12:31	4.4	1:01	4.3	6:35	-0.3	7:05	0.0	6:16	7:58	
14	Sun	1:22	3.9	1:56	4.2	7:26	0.0	8:07	0.4	6:16	7:57	
15	Mon	2:15	3.5	2:55	4.0	8:18	0.2	9:11	0.7	6:17	7:56	
16	Tue	3:13	3.2	3:58	4.0	9:11	0.4	10:17	0.8	6:18	7:54	
17	Wed	4:16	2.9	5:01	3.9	10:06	0.6	11:23	0.9	6:19	7:53	
18	Thu	5:17	2.9	5:58	4.0	11:02	0.7			6:20	7:52	
19	Fri	6:12	2.9	6:48	4.1	12:23	0.9	11:56 AM	0.6	6:21	7:50	
20	Sat	6:59	3.1	7:32	4.2	1:11	0.8	12:46	0.5	6:22	7:49	
21	Sun	7:42	3.2	8:13	4.3	1:51	0.8	1:31	0.4	6:22	7:48	
22	Mon	8:23	3.4	8:52	4.4	2:25	0.7	2:12	0.3	6:23	7:46	
23	Tue	9:04	3.6	9:30	4.4	2:59	0.6	2:52	0.3	6:24	7:45	
24	Wed	9:44	3.7	10:08	4.4	3:32	0.5	3:31	0.3	6:25	7:44	
25	Thu	10:23	3.8	10:45	4.3	4:06	0.5	4:10	0.4	6:26	7:42	
26	Fri	11:02	3.9	11:22	4.2	4:40	0.5	4:50	0.5	6:27	7:41	
27	Sat	11:41	4.0	11:59	4.0	5:16	0.6	5:33	0.6	6:27	7:39	
28	Sun			12:22	4.1	5:53	0.7	6:20	0.8	6:28	7:38	
29	Mon	12:39	3.8	1:06	4.1	6:34	0.7	7:11	0.9	6:29	7:37	
30	Tue	1:23	3.6	1:56	4.2	7:20	0.8	8:08	1.0	6:30	7:35	
31	Wed	2:14	3.4	2:54	4.2	8:12	0.8	9:09	1.0	6:31	7:34	